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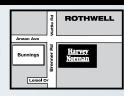
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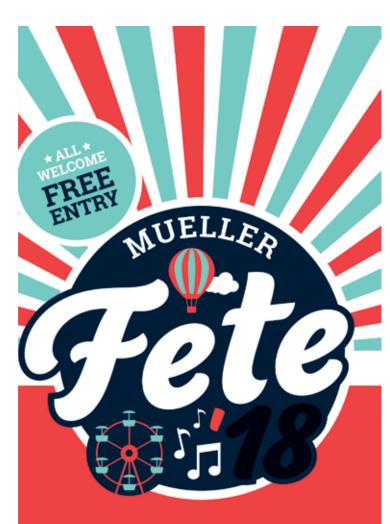
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Wednesday, 25th July 2018 9.00am - 11.30am



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Your family lawyer should be someone who you will build one of your strongest relationships with, outside of your close friends and family.

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To guide you in making the right selection, here are some things to consider.

Ask for recommendations

Who knows you better than the people you trust - ask your friends, family, accountant.

Talk to them

Talk to your lawyer on the phone before making an appointment with them. Do you like their style? Are they easy to understand? Are they really listening?

Read their website

Especially reading between the lines will help you find out a lot about the care you will get. Do they provide a lot of free, useful information? What is their approach?

Beware of the win at all costs lawyer, or the "bulldog"

Sure you want the best outcome, and you want someone to get you there, but think about the cost of achieving such an outcome. You also wouldn't let a bulldog near your children.

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ACTIVE MORETON OFFERS 15,500+ SPOTS IN REGION'S SPORT AND HEALTH **PROGRAM**

Moreton Bay Regional Council has unveiled its largest-ever offering of free and low-cost activities for locals as part of its newly announced Healthy and Active Moreton program.

More than 760 activities, from scuba diving and surfing, to mum and bubs soccer and cooking, will be on offer over six months, with many activities back by popular demand.

Parks, Sport and Recreation Spokesperson Councillor Koliana Winchester said from July, more than 15,500 places would be available across the 768 activities delivered by more than 75 local providers, including 31 local clubs and organisations.

Healthy and Active Moreton offers a range of local activities for Moreton Bay residents of all ages and abilities to experience and keep fit and healthy.

"For the first time ever, we'll be hosting a number of events designed especially for parents and children under five, while a range of activities will also be hosted at new locations throughout the region, making it easier than ever to get involved," Cr Winchester said.

"Due to popular demand, the program will also see the return of activities including Active Mums group fitness, scuba diving and cooking workshops.

Bookings for activities open a month prior to each activity taking place, and are generally made through council's website, although some bookings are required to be made by contacting the provider

directly. Booking for the first lot of activities open on July 17.

"Healthy and Active Moreton is your chance to keep fit, get active and try something new, whether it's a 4WD and kayaking adventure, Zumba, fishing or even barefoot bowls.'

For more information on the program visit www. moretonbay.qld.gov.au/healthy-active

BRISBANE WRITERS EXPLORE 'WHAT THE WORLD NEEDS NOW

Tens of thousands of people will descend on Queensland in September to embrace "what the world needs now" as part of the 2018 Brisbane Writers Festival.

The Festival program has now been released and will bring local writers and literary enthusiasts together to share Queensland stories across the country and around the world, last year the festival reached 63k people and generated more than 15,400 visitors to its home at the State Library of Queensland while delivering 203 events, including an Online Literature Festival that was streamed into 69 regional schools.

The year the festival will draw lit luminaries such as international writers Lauren Weisberger (The Devil Wears Prada), Veronica Roth (Divergent, Insurgent, and Allegiant), A J Finn (The Woman in the Window), human rights barrister Geoffrey Robertson AO QC, and South African writer Sisonke Msimang to Queensland.

Australian authors including Dr Karl Kruszelnicki, Morris Gleitzman. Melissa Lucashenko. Ashlev Hay, Nick Earls, Jared Thomas, Clare Atkins, Alison





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Goodman, Fleur Ferris, Sarah Epstein, Anita Heiss, Billy Griffiths and Brendan Lawley will also be part of the festival.

For more information, visit: www.bwf.org.au

OPEN DAY - CAREERS OF THE FUTURE

Careers that are likely to be in demand in the years ahead will be discussed in detail at the University of the Sunshine Coast's annual Open Day on Sunday 22 July.

USC will hold a 'Careers of the Future' forum as one of many activities during Open Day, which is expected to attract thousands of prospective students from across the Sunshine Coast and further afield.

The forum will consider how people can study for jobs that don't even exist yet and will look closely at the core skills needed by a future workforce.

Panellists will be USC's High Performance Sport Director Professor Brendan Burkett, Associate Lecturer in Serious Games Katryna Starks and recent biomedical science graduate Gabrielle Schaffer who now works at the Sunshine Coast University Hospital.

Open Day will be held from 9.30am to 2pm at USC's main campus at Sippy Downs and will have the theme 'Rise, and shine starts here'. It is aimed at giving students all the information they need to make the most of their time at university.

Visitors will be able to inspect the campus, get questions answered, and learn more about the study programs they're interested in by chatting one-on-one with USC academics.

They can sit in on real lectures across a wide range of disciplines to see what uni life is like, and attend information sessions that outline study programs and career opportunities.

There will also be other panel discussions that will focus on: how to choose the right university; what factors need to be considered when planning a gap year; and moves to overcome gender stereotypes in careers.

For more details about USC's Open Day on Sunday 22 July, go to www.usc.edu.au/open-day

YOUR SUCCESS MATTERS JOB SEEKER BOOT CAMP BACK FOR JULY

Federal Member for Petrie Luke Howarth MP is holding his popular Job Seeker Boot Camp on July 25 from 9am-11:30am at the Redcliffe Golf Club. This free event is about connecting local job seekers with employers and employment agencies to empower people to get a job and change their life.

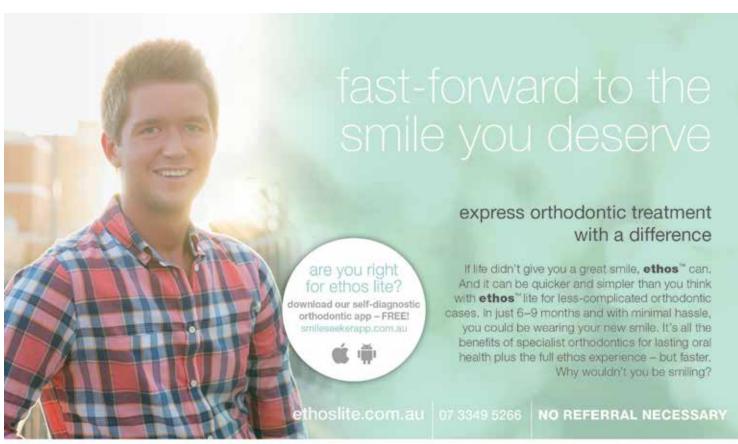
The sessions include employer tips such as how to target your resume for the job, research the business you are applying to, prepare for your interview, build trust and have a good attitude. These tips can help you achieve success.

With the roll out of the NDIS, this Boot Camp will also highlight employment support available for people with a disability.

Places are limited and these events are popular. To RSVP or for more information, contact Luke Howarth MP on 3284 8008 and luke.howarth.mp@aph.gov.au









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The organisation has also welcomed Lord Mayor Graham Quirk's launch of a citywide pedestrian safety review, which would consider changes to speed limits

Bicycle Queensland data shows lowering the speed limit reduces deaths and serious injuries from crashes, with nearly 800 cyclists are injured on Queensland roads each year, costing the economy over \$220 million annually.

The data, taken from the Queensland Road Crash Database, finds that in Brisbane's CBD, lowering the speed limit from 50km/hr to 40km/hr in 2009 significantly reduced the severity of road crash injuries for cyclists.

Bicycle Queensland CEO Anne Savage said the data backed up the international evidence that lowering speed limits saves lives.

"Lower speed limits save lives – we applaud the commitments made this morning by both LNP and Labor councillors on this and would welcome bipartisan action," she said.

"Analysis of road crash data has proven that a 10km/hr reduction in the speed limit reduced the average crash cost in car crashes involving a cyclist in the Brisbane CBD by \$30,000 per crash, from about \$250k to \$220k – lowering the number of fatalities and serious injuries over a five-year period.

"International evidence demonstrates that on most roads, in most countries, 40-50 per cent of all cars travel above the speed limit, and someone who is hit by a vehicle traveling at 80km/hr has a three times higher risk of dying than if they had been hit by a vehicle moving at 50km/hr.

"According to United Nations data, even just a five



per cent cut in the average speed reduces the number of fatal crashes by 30 per cent, and 47 countries have already implemented lower urban speed limits and laws that allow local authorities to further reduce speed li

mits to protect people on foot and riding bikes.

"International experts – including the United Nations – recommend setting speed limits at 30km/hr or lower when motorised traffic mixes with pedestrians and bike riders.

"Setting the Brisbane CBD speed limit at 30km/hr would save lives and help to stop vehicles rushing through traffic lights to try and beat peak-hour gridlock.

"Lowering speed limits in urban areas with high numbers of people on foot and on bicycle would save many lives and prevent crashes.

"47 countries around the world have already

implemented these commonsense practices, but we must do far more to protect vulnerable road users by developing infrastructure and laws that discourage high-risk driving.

"Concerted investment to improve on-road bike lanes and build new separated cycleways is also critical – providing lifesaving protection for pedestrians and cyclists and eliminating risks of collisions involving motor vehicles – giving all road users greater peace of mind.

"While individual awareness is important, I cannot emphasise strongly enough the fact that if a vehicle impacts with a pedestrian or bike rider at a slower speed, the person is likely to survive and suffer less serious injuries.

"We can reach the goal of zero deaths on our roads and in the Brisbane CBD, but we need to lower the speed limit and create protected pathways for pedestrians and cyclists."

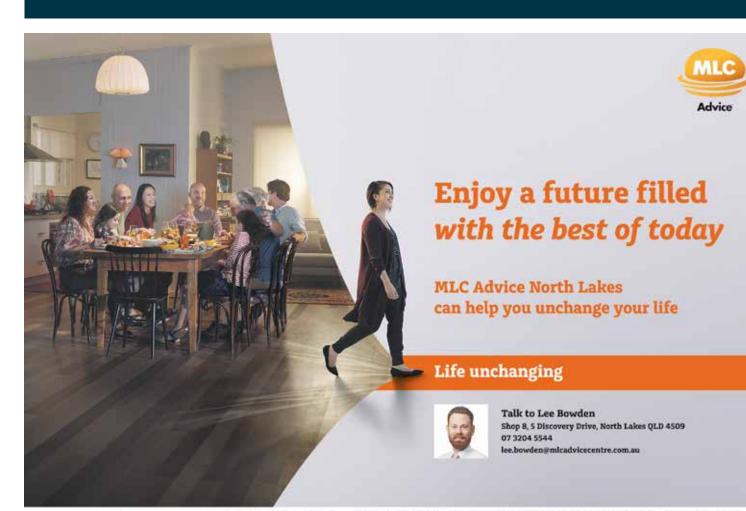


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Hello Leonie.

I download your column each week as we don't get the Messenger on Bribie. I was just re-reading an article of yours on life coaching. I am in year two of a degree which will take me six years all up to complete part time. I have left doing the big stuff until I finish studying. I could afford a house deposit now but know that I will be able to cope better when I graduate and have a better paying job.

I'm hoping that I will meet and marry someone who already has a house to take the pressure off. I want to travel one day, and I also want to have a small farm up the north coast, so I am not without goals.

I am sort of stuck in a rut now and feeling quite blue. I am working towards the day that I finally finish my study and find a decent man to start a family. I must admit that I am not happy now. I know that once I meet the right guy who has a good job, that I will be able to realise my dreams of travel and family.

Why do you think that I am so down?

Katherine/Bribie Island

Hi Katherine,

The thing that stands out about your email is that you are waiting for life to happen. You are waiting for your study to stop, for a well-paying job, for that rich man to come along. What if the man of your dreams comes along and he has nothing to bring to the financial side of the relationship?

I have watched many friends and some clients spend great chunks of their lives just biding time. They say to themselves, "Life will be better when I get that man, that house, that job, when the children leave, when I remarry" etc. These people are living in the "Mean time"

Minutes turn into hours, hours turn into days, days turn into weeks then months and then pretty soon, you have lost your best years to the "Mean time"

It doesn't hurt to remember that in the same way as when we worry, our worst-case scenario rarely happens, when we waste our life waiting for something to happen, change or get better, the best-case scenario rarely ever happens.

Evaluate your life and the people in it in the "NOW" as they are, warts and all, not how you would like things to be. All we are really certain of is the "NOW". Living in the now allows you to live life rather than just mark time until something wonderful happens not really knowing if it ever will. Enjoy the time you spend with your family, the sun on your back in the garden or at the beach, laughing with good friends, eating good food and doing the things you love and can afford. Whilst doing this you can always be looking at ways to make things even better now and in the immediate future but for heaven's sake, don't rely on someone else or some far off future event to make you happy. Time and happiness can be the terrible casualty of living a life in the "Mean Time"

Other readers may identify with waiting for that man or woman to stop drinking or doing drugs, to become a better parent, companion or to start living up to their potential. This is a dreadful way to live life and can be like living with a chronic disease and hoping for a magical cure. Here's the thing; you can't change anyone but yourself. These people may change if they choose to and then again, they may not. Why would you place your life and happiness in the hands of someone else? So as always, it is far better to be proactive about creating a better life regardless of the other players on the scene and you do need goals to live your best life but don't lose the now, waiting for a possible then.

Til next week Leonie

E-mail: leonieschilling@bigpond.com Leonie Schilling is a qualified private practitioner at North Lakes Counselling Services For appointments please phone 3886 2715 or 0423 653 841 www.northlakescounsellingservices.com.au

Catch Leonie's radio show alternate Mondays at 11.00am on 99.7 Bridge FM



Leonie Schilling is a qualified counsellor, Trainer and Assessor, published Author, Columnist, Radio Commentator and Justice of the Peace Established in 2007, North Lakes Counselling Services has a long history of helping couples and individuals manage their relationships and attain their







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onstruction of the University of the Sunshine Coast's Petrie Campus is gaining momentum with the opening of the state of the art precinct now only 18 months away.

Last Wednesday USC's Vice-Chancellor Professor Greg Hill today hosted a commencement ceremony at the site of the campus expected to have a student population of 10,000 by 2030.

Federal Member for Dickson Peter Dutton, Federal Member for Petrie Luke Howarth and Minister for Education and Training Simon Birmingham attended the ceremony to mark the start of construction of stage 1 of the newcampus - a three-storey foundation building with more than 16,000 square metres of floor space - will soon take shape on land adjacent the Petrie railway station.

Professor Hill praised each of the dignitaries for the significant roles they have played in enabling USC Moreton Bay, which will bring unprecedented access to tertiary education for residents of the region.

"Moreton Bay is one of Queensland's fastest growing regions, but is the only region of its size in Australia without its own full-service university campus," he

"USC Moreton Bay represents an exciting opportunity to harness the region's potential, and significantly boost educational opportunities for local residents.

Professor Hill said USC already had a strong connection with Moreton Bay, with almost 1,000 new students from the region starting at the University's campuses on the Sunshine Coast and Caboolture in Semester 1 this year

He said USC Moreton Bay's initial undergraduate, postgraduate, and research programs would have an employment focus to ensure benefits flow quickly to the wider community.

"As the Caboolture and Moreton Bay campuses grow, we will work closely with local schools, industries and community groups to ensure we deliver study options that meet the region's needs, and prepare graduates for the opportunities for a changing economy," he said.

The said it was great to see construction of this important project underway.

"In just over 18 months this site will be a thriving and bustling university precinct," Mr Dutton said.

"It's exciting to think that thousands of students from northern Brisbane and the southern Moreton Bay region will soon have the opportunity to attend university in their own backyard.

"Whilst this opens up opportunities for local students, we've also started to see the value of the Petrie campus for local businesses and this will only increase when the campus is up and running."

The Federal Member for Petrie Luke Howarth said it's very exciting to be turning the sod and acknowledged that without the support of the Federal Government, this project would not have happened.

"Thousands of young people in the Moreton Bay region will benefit over the decades ahead from the Federal Coalition Government's strong support for this University campus." Mr Howarth said.

The Minister for Education and Training Simon Birmingham said the Coalition Government's funding for the construction works in addition to its commitment early this year of \$69.4 million for bachelor places from 2020 would give students from the Dickson, Petrie and Longman electorates the choice to study locally.

"Local students will soon have access to higher education opportunities across more than 50 study programs designed to help them secure jobs locally and to ultimately create more jobs locally," Mr Birmingham said.

"These Turnbull Government investments will also enable USC to work with local industries and build collaborative partnerships to produce skilled graduates that meet the region's needs.

"I expect the USC Petrie campus to transform collaboration with local industries and to also become a key hub for research and innovation for the Moreton Bay region.

"While the Turnbull Government has been committed



to this new campus since before the last election, Labor has recently been trying to play catch up yet have still refused to match all of the investments we're making."

The Government's support for the USC Petrie Campus includes \$69.4 million for 1,200 bachelor degree places in 2020, then 2,400 bachelor places in 2021 and 3,600 ongoing places from 2022. This is on top of a \$35 million grant to the Moreton Bay Regional Council for infrastructure support and a \$121 million loan facility to USC at concessional rates.

The USC Moreton Bay Regional University Precinct will include contemporary interactive teaching and learning spaces and a research and innovation hub.

The first intake of students, expected to be as many as 1.200, will have a choice of almost 50 study programs including business, education and computer science.

Pictured above: Artist's Impression of the campus masterplan. Inset: Federal Member for Petrie Luke Howarth, Minister for Education and Training Simon Birmingham and Federal Member for Dickson Peter Dutton attend the sod turning. On the cover: Artist's Impression of the Foundation Building's interior.

For more information about studying at USC Moreton Bay visit www.usc.edu.au



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NEW AGED CARE FACILITY OPENS

State-of-the-art specialist aged care facility perfectly positioned to ensure residents continue to enjoy strong links to the community

By the year 2031, one in five Queenslanders will be aged 65 years or more. As the fastest growing in Queensland, our region will reflect these numbers, particularly in booming North Lakes. It's not a pleasant figure to think about but according to Dementia Australia, the rate of people diagnosed with the condition is growing. Currently an estimated 250 people are diagnosed dementia each day in Australia.

There's no argument that more specialist care is needed locally.

To that end, Opal Aged Care unveiled its new state-of-the-art \$34 million aged care facility that will accommodate 146 residents, right in the heart of town on North Lakes Drive. The opening was facilitated by Mr Luke Howarth MP, Sean Bilton Acting Managing Director and Andrew Pierron Operations Commissioning Manager.

The facility aims to provide clinical excellence affordable care and a home-like setting right in the centre of town and importantly convenient access to a suite of specialist medical services through the North Lakes medical precinct, should they need it.

"Currently there are more than 77,633 people

affected by dementia living in Queensland, and this number is expected to grow to over 154,000 by 2036. It's therefore so important that we provide dementia-specific support to the region. Our ongoing partnership with Dementia Australia ensures Opal staff members are trained in best practice care, allowing staff to be responsive to the changing needs of residents, and keep up to date with new developments in care practice," said Mr Pierron.

Following the success of proven clinical care approach at Opal Kawana Waters, Opal North Lakes will offer a 16-bed memory support wing, providing specialist care to residents living with dementia, along with a registered nurse led model of care, with nurse staff available 24 hours a day at all Opal facilities.

Federal Member for Petrie Luke Howarth said the facility was a welcome addition to the community.

"Providing the right type of care to our ageing community is critically important to the growing region of North Lakes. Everyone should have a choice in care, and access to high quality facilities in their local community, today with the opening of Opal North Lakes, we are one step closer to meeting this need," said Mr Howarth.

"Being so close to the amenities like the North Lakes Health Precinct, Westfield shopping centre and public transport is an important asset to Opal North Lakes. It means we can provide residents with the best access to care, whilst ensuring they remain part of the growing community," said Mr Pierron.

For more information visit www.opalagedcare.com.au









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Easily submit your event on our homepage www.northlakesmessenger.com.au Please direct questions about this free service to editor@



IRISH NIGHT AT BOARDWALK RESTAURANT

Date: Friday 20 July 6.30 - 9.30PM

Location: Boardwalk Restaurant at the North Lakes Hotel, 22 Lakefield Drive, North Lakes

One of OLD's most popular entertainment bands 'TIS IRISH LIVE will be providing a night of unforgettable fun with their energetic Irish tunes from 6.30PM. Entry is free with beers & special Irish grub available for purchase.

Bookings are essential. Call 07 3180 2888.





THE PYJAMA FOUNDATION'S BIG DREAMS BREAKFAST

Date: 20 July 2018 7am - 9am Location: Murrumba Downs Tavern Cost: \$35 for breakfast buffet

The Pyjama Foundation and the Murrumba Downs Taverns will be putting on the "ultimate breakfast of champions" with a huge buffet including yoghurt, muesli, bacon, eggs, tea and coffee in celebration of National Pyjama Day 2018. All proceeds from the event will go directly to The Pyjama Foundation, helping to expand 20 the Love of Learning program which empowers kids in care with learning life skills and confidence. Attire for the morning is your best pyjamas!

JULY



INTIMATE SUNDAY CONCERTS AT THE STATE LIBRARY OF OUEENSLAND

Date: 8, 15 and 22 July, 5:30pm - 6:30pm Location: Red Box, State Library of Queensland

Cost: Adult \$25, Student \$17.50

A series of intimate twilight concerts showcasing renowned Australian and international composers will bring to life the SLO's picturesque riverfront performance space over three Sundays in July - 8, 15 and 22 - for Queensland Music Festival's Twilight in the Red

8 July: UQ Chamber Choir, 15 July: String Soloists from UQ School of Music, 22 July: Pulse Chamber Orchestra and musicians from the 2018 Tinalley String Quartet Winter School

For more information and to book visit www.qmf.org.au



GUYS N' DOLLS REVUE - "COME SWING WITH US - THOSE WERE THE DAYS!"

Date: Sat Jul 28, Sat Aug 11, Sat Aug 18, Sun Aug 19, Sat Aug 25

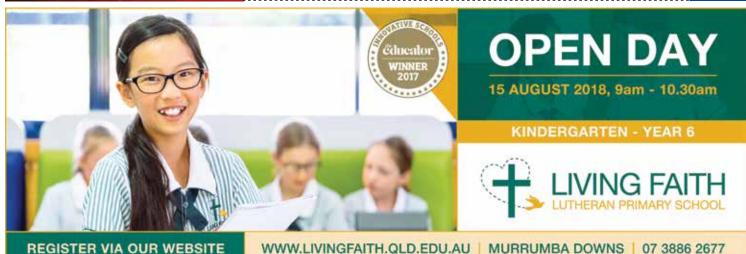
Location: Hamilton Town Hall

Let us take you back to a time when the Andrews Sisters blared delightfully across the wireless and Glenn Miller was well known and adored for the sway of his brassy trombone. "Swing" was the new big thing that promised to bring the whole world together. Our new 2018 show, "Come Swing with Us" aims to re-invigorate and re-live this truly wonderful time in musical history.

Guys n' Dolls Revue are a music variety/cabaret-style production group, formed to assist charities and community based organisations in their fundraising endeavours.

Tickets at the door or online via www.guysndolls.net.au

JUL 28-**AUG 25**



Brisfest 2018 was officially launched last week, unveiling a program brimming with big-name acts, more world premieres than ever before, and a spectacular new light-and-laser show on the river this September.

Brisbane Festival is Queensland's largest cultural event, attracting an audience of around one million people every year and is set top be better than ever before this year.

For the 2018 Brisfest, there will be a total of 600 performances, 100 of them completely free. The events will be spread across 17 venues with more than 1,000 artists involved. Brisfest 2018 will premiere eight brand new works, two of them exclusive to Brisbane.

The 22 day festival, running September 8 – 29 is split into three three thematic acts, one for each week of the festival. The first week alone offers almost 30 different productions in 15 venues across the city, including favourite Festival hubs Treasury Brisbane Arcadia, The Spiegeltent; the fringe-fueled Theatre Republic at Kelvin Grove's QUT Creative Industries Precinct; and live music mecca The Tivoli.

This year will see two huge Riverstage concerts on the opening and closing nights of festival headlined by famous local bands. Ball Park Music will kick off the festival and Violent Soho will close it.

New this year and running three times a night for the duration of the festival is City of Light: The Story of Maiwar. The free 10-minute show, will use dynamic jets and giant spirals of water, full-



colour lighting and rainbow-coloured lasers to tell the story of the dreaming serpent that wove the Brisbane River into existence.

Other highlights include Benjamin Britten's masterpiece Peter Grimes, Strut & Fret's Life – The Show, Eskimo Joe with Camerata, Yothu Yindi and The Treaty Project supported by Yirrmal, California Crooners Club, YUMMY, Rhonda Burchmore with BANG! BANG!, Destroyer and so much more.

For cheap family fun there's House of Mirrors at Treasury Brisbane Arcadia - a large scale walk-through installation created with 40 tonnes of steel and 15 tonnes of carefully arranged mirrors, geometry and optical illusion not to be missed.

The festival will see a particularly special outing of Pub Choir at The Tiv, where 1,500 punters with

bevvy in hand will learn a popular song and then perform it. The original artist of the song to be performed – which won't be announced until the night – will be in attendance.

Saturday 29 September will see the city's 21st iteration of Sunsuper Riverfire. The fireworks spectacular will ignite the city skyline to a soundtrack themed on Sci-Fi and Superheroes.

Brisfest 2018 has never been a bigger celebration, with a variety of performance art including comedy, dance, cabaret, theatre as well as music and food - there's truly something for everyone.

Brisfest 2018 runs September 8 – 29 this year at venues all over town. Visit **brisbanefestival.com**. au for more info and tickets.



*Discount economy variable rate ofter available for applications received from 21/05/2018. BOD's Economy Home Loan is are lable only for ever home issues and is not available for refinance of existing BOD facilities. One free residential valuation by Bank approved Valuer per Economy Home Loan application. Government and other less and charges are payable. Mactinum 80% Loan to Value Ratio to apply for Owner Occasied Economy Home Loans and Investment Economy Home Loans. No offset account Available with its product. Bank of Queenstand Limited 48N 32 009 655 740 (Australiae Credit Licence Number 244616) (BOD). In It items and conditions available at any BOD branch. Fees and charges are payable. BOD's standard credit assistance credit is indicative endy, and is subject to charge without notice. "The comparison rate is advantaged or to be supplied to the payable and the p



YOUR STARS



Aquarius Jan 21-Feb 19: The reason no one's saying yes is because your heart isn't in it. The problem isn't your enthusiasm. It's with what you're selling.



Pisces Feb 20-March 20: Consider all offers – including that farfetched one from out of left field. It could be the answer to your prayers.



Aries March 21-April 20: You've been restless for months with no idea of what's going on. You'll soon find out the why and what to do about it.



Taurus April 21- May 21: You do better with the striving than the arriving. Success has its own challenges which is something you get to contemplate today. It's a good problem to have.



Gemini May 22-June 21: You can sense that there's a been a fundamental shift in your life. Unfortunately, you're not clear about what that means. Cool the engines because there's plenty of time to find out.



Cancer June 22-July 23: Mars in a hidden part of your chart could cause trouble if you continue to wave away problems. Thankfully Mars is here to raise consciousness; not a ruckus



Leo July 24-Aug 23: If the terms aren't right then don't accept them. You may have to leave that offer on the table. It's better than agreeing to something that isn't right.



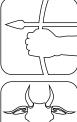
Virgo Aug 24-Sept 23: You've been so focused on yourself that you haven't paid attention to developments in your partner's life. These may wind up taking precedence.



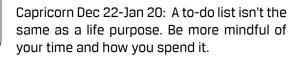
Libra Sept 24-Oct 23: Are you being forced out of your job? Best defend your turf before somebody else horns in on it.



Scorpio Oct 24-Nov 22: Marching to a different drummer was fine when you were going somewhere. Now you look lost. Find your way back to the rest of the band.



Sagittarius Nov 23-Dec 21: Changes in your career could mean time apart because of professional demands. Anything's manageable as long as you and your partner work together.





0429 374 261



email: mitch.5star.pressurewashing@gmail.com

NINE

6.00 Ellen DeGeneres. (PG) **7.00** Weekend Today. **10.00** Today Extra: Saturday. (PG) **12.00** Running. Gold Coast Marathon. Highlights. **1.00** Rugby League. QRL. Intrust Super Cup. Round 18 Redcliffe Dophins v Burleigh Bears. 3.00 Netball. Super Netball. Round 11. Sunshine Coast Lightning v Collingwood Magpies. **5.00** News. **5.30** Getaway. (PG) **6.00**Nine News. **7.00** Australian Ninja
Warrior. (PG) **8.45** Australian Ninja
Warrior. (PG) **10.30** Australian Ninja Warrior. (PG) 12.10 Movie The Rover. (MA15+) (2014) Guy Pearce, Robert Pattinson. A lone pursues the men who stole his car. 2.00 TV Shop. 2.30 Step Dave. (M) 3.30 Getaway. (PG) 4.00 Skippy. **4.30** Global Shop. **5.00** TV Shop **5.30** Wesley Impact.

GO!

6.00 Children's Programs. 12.30 My Little Pony: Friendship Is Magic. **1.00** Beyblade Burst Evolution. **1.30** Yu-Gi-Oh! (PG) **2.30** Turning Mecard. (PG) **3.00** Gumball. **3.30** Ben 10. (PG) **4.00** Teen Titans Go! (PG) **4.30** Clarence. (PG) **5.00** Be Cool, Scooby-Doo! (PG) **5.30** Movie: Stuart Little 2. (G) (2002) **7.00** Movie: Babe: Pig In The City. (G) (1998) **9.00** Movie: Look Who's Talking Too. (PG) (1990) **10.40** 2 Broke Girls. (M) **11.40** Kevin Can Wait. (PG) 12.10 Adult Swim (MA15+) **12.40** Frisky Dingo. (MA15+) **12.55** Mary Shelley's Frankenhole. (M) **1.10** Total Divas. (M) **3.00** Thunderbirds. **4.00** Yu-Gi-Oh! (PG) **4.30** Kate And Mim-Mim. 4.50 Little Charmers, 5.10 Yo-Kai (PG) **5.30** Yu-Gi-Oh! (PG)

SEVEN

6.00 NBC Today. **7.00** Weekend Sunrise. **10.00** Morning Show. (PG) **12.00** To Be Advised. **1.30** Football. AFL. Round 17 Hawthorn v Brisbane Lions. **4.30** Border Security. (PG) **5.00** Creek To Coast. **5.30** Qld Weekender. **6.00** News. **7.00** Movie: The BFG. (G) (2016) Mark Rylance, Ruby Barnhill. An orphan girl befriends a giant. **9.30** Movie: Alice Through The Looking Glass. (PG) (2016) Mia Wasikowska, Johnny Depp, Helena Bonham Carter. After Alice returns to Wonderland, she must travel back in time to save her old friend, the Mad Hatter. 11.45 Tennis. Wimbledon. Day 12 Women's singles final. **4.00** Sons And Daughters. (PG) **4.30** Sons And Daughters. (PG) **5.00** House Of Wellness. (PG)

7TWO

6.00 Shopping. **8.00** Travel Oz. (PG) **9.30** The Great Australian Doorstep. (PG) **10.00** Vasili's Garden. **10.30** The Great Outdoors. **11.30** NBC Today. **1.30** Sydney Weekender. **2.00** The Great Australian Doorstep. (PG) **2.30** Vasili's Garden. **3.00** Old Weekender. **3.30** The Great Day Out. **4.00** Creek To Coast. **4.30** SA Weekender. **5.00** Crash Investigation Unit. (PG) **5.30** 7.30 Paddington Station 24/7. (PG) New. 8.30 Escape To The Country. Prospective buyers find their dream home. **10.45** Tennis Wimbledon. Day 12. Women's singles final. **11.45** Crash Investigation Unit. (PG) **12.30** SA Weekender. **1.00** Psychic TV. (M) 4.00 Late Programs.

TEN

6.00 Seafood Escape. **6.30** Reel Action. **7.00** All 4 Adventure. 8.00 Family Feud. 8.30 Pooches At Play. **9.00** Judge Judy. (PG) **9.30** St10. (PG) **12.00** The Living Room. **1.00** MasterChef Aust. **3.15** Everyday Gourmet. **3.30** My Market Kitchen. **4.00** What's Up Down Under. 4.30 Escape Fishing. **5.00** News. **6.00** Luxury Escapes. Return. **6.30** Planes Gone Viral. (PG) 7.30 Ambulance. (M) Final. Paramedics deal with the consequences of a storm. 8.45 NCIS: New Orleans. (M) The squad teams up with the FBI to find a shipment of opioids that have gone missing. 9.45 NCIS: New Orleans. (M) 10.45 Instinct. (M) 11.45 48 Hours. (M) 1.00 Shopping. **4.30** The Table. **5.00** Hour Of Power.

ONE

6.00 Shopping. **8.00** MacGyver. (PG) **9.00** MasterChef Aust. (PG) **1.00** Motor Racing. Dunlop Super2 Championship. Round 4. Highlights. **2.00** Motor Racing. SuperUtes Championship. Highlights. **3.00** Camper Trailer Lifestyle. (PG) **3.30** Epic Meal Empire. (PG) **4.00** Reel Action. **4.30** The Indestructibles. (PG) 5.00 Freddie Flintoff: Lord Of The Fries. (PG) **6.00** All 4 Adventure. (PG) **7.00** Scorpion. (PG) **8.00** MacGyver. (M) **9.00** Hawaii Five-0. (M) **11.00** NCIS. (M) **1.00** Motor Racing. Formula 1. Race 10. British Grand Prix. Highlights. **2.00** Countdown To Murder. (M) **3.00** Hillary: The Man Who Conquered Everest. (PG) **4.00** Operation Repo. (PG) 4.30 The Doctors. (PG) 5.30 Whacked Out Sports. (PG)

ABC

6.00 Rage. (PG) **10.00** Rage Special: NAIDOC Week. (PG) 11.10 Grand Designs Australia.
12.00 ABC News At Noon. 12.30
Line Of Duty. (M) Final. 1.30
Endeavour. (M) 3.00 Redesign My Brain With Todd Sampson (PG) **4.00** Landline. **4.30** The Dreamhouse. (PG) **5.00** Antiques Roadshow. **6.00** Compass. **6.30** Back Roads. **7.00** ABC News. **7.30** Shakespeare And Hathaway. (M) **8.15** Poldark. (M) **9.15** Call The Midwife. (M) 10.20 Jack Irish (M) **11.20** Birds Of A Feather. (PG) **11.40** Rage Special: NAIDOC Week. (MA15+) **5.00** Rage. (PG)

ABC COM

6.00 Children's Programs. **5.35** Noddy Toyland Detective. **5.50** Jamillah And Aladdin. **6.05** Octonauts. **6.15** Peter Rabbit. 6.30 Floogals. 6.40 Dinosaur Train. 6.50 Andy's Prehistoric Adventures. 7.05 Ben And Holly. 7.20 Shaun The Sheep. 7.30 Spicks And Specks. (PG) **8.00** Would I Lie To You? **8.30** Mock The Week. **9.00** Russell Howard's Stand-Up Central. (M) **9.25** Live News Update. **2.20** Close. **5.00** The WotWots. **5.10** Arthur. **5.35** Gumboot Kids. **5.40** Bottle Top Bill. **5.55** Playdate.

SBS

6.00 WorldWatch. **7.00** Tour De France: Daily Update. **8.10** WorldWatch. **10.30** German News. **11.00** Spanish News. **12.00** Arabic News F24. **12.30** Turkish News. **1.00** Cycling. Tour de France. Stage 7. Replay. **2.55** Soccer. 2002 FIFA World Cup. Final. Brazil v Germany. Replay. **5.00** Gymnastics. FIG Trampoline World Cup Series. **5.30** Cycling. Tour de France. Stage 7. Highlights. **6.30** News. **7.30** Marie Antoinette's Secret Versailles. **8.30** Cycling. Tour de France. Stage 8. **11.00** Soccer. FIFA World Cup. Third place play-off. **2.30** SAS: Who Dares Wins. (M) **3.30** SAS: Who Dares Wins. (M) **4.25** Food Lover's Guide. **5.00** CGTN English News. **5.15** NHK World English News. **5.30** Deutsche Welle.

SBS VLND

6.00 WorldWatch. 12.00 Insight. 12.55 Front Up. 1.30 Fashionista. 1.40 States Of Undress. (PG) 2.30 Cyberwar. (PG) 3.00 Cycling. Tour de France. Stage 7. Replay. 5.00 Sloths Save The World. (PG) **5.30** Community. (PG) **6.05** Community. (PG) **6.35** The Ice Cream Show. (PG) **7.00** The Ice Cream Show. (PG) **7.30** If You Are The One. (PG) **8.30** Prison Brides. (PG) **9.20** Movie: Friday The 13th (PG) 9.20 Movie: Friday The T3th Part II. (MA15+) (1981) 11.00 Cycling. Tour de France. Stage 8. 12.00 The Movie Show. (M) 12.30 The Movie Show. (M) 1.00 Shot By Kern. (MA15+) **1.30** Payday. (M) **2.20** France 24. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** Sri Lankan Sinhalese News. 5.00 Korean News. 5.30 Indonesian News.

AUSTÂR.

MOVIES

6.10pm The Fate Of The Furious (2017) Action. Vin Diesel, Dwayne Johnson. (M)

Premiere
7.30pm Power Rangers (2017) Sci-Fi. Dacre Montgomery, Naomi Scott. (M)

8.30pm A Monster Calls (2016) Drama. Lewis MacDougall, Sigourney Weaver. (PG) Masterpiece GENERAL

3.30pm Flipping Bangers. (PG) A&E

5.00pm Young & Hungry. FOX8 9.30pm The Amazing Race. (M) FOX8

DOCUMENTARY

7.30pm Fatal Attraction. (M) Crime & Investigation

8.30pm Barrett-Jackson. (PG) Discovery Turbo 8.30pm Room **To Improve.** (PG) Lifestyle Home **SPORT**

9.00am Boxing.Golden Boy Event. ESPN

11.00am Poker. World Series. Final Table. *ESPN*

3.00pm Rugby League. NRL. Round Canterbury Bulldogs v South Sydney Rabbitohs. Fox League

At The Apollo. (M) **10.10** Comedy Next Gen. (MA15+) **11.05** Penn & Teller: Fool Us. (PG) **11.50** An Idiot Abroad. (M) **12.35** Chewing Gum. (MA15+) **1.05** Live At The Apollo. (M) **1.50** The IT Crowd. (PG) **2.15**

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.



NINE

6.00 Endangered. 7.00 Weekend Today. 10.00 Sports Sunday. (PG) 11.00 NRL Sunday Footy Show. (PG) 1.00 NRL Sunday Footy Show. (PG) 1.00 Netball. Super Netball. Round 11. Queensland Firebirds v Giants. From Brisbane Entertainment Centre. 3.00 Sunday Football Preview. 4.10 Rugby League. NRL. Round 18. St George Illawarra Dragons v Wests Tigers. From Jubilee Oval, Sydney. 6.00 Nine News. 7.00 Australian Ninja Warrior. (PG) 8.40 60 Minutes. 9.40 Killer Women With Piers Morgan. (PG) 10.40 Guiltology. (M) 11.40 Major Crimes. (M) 12.35 Cold Case. (M) 1.30 Getaway. (PG) 2.00 TV Shop: Home Shopping. 2.30 Global Shop. 3.00 Sherlock. (M) 5.00 News Early Edition. 5.30 Today.

GO!

6.00 Children's Programs. 11.00 Star Wars: Droid Tales. (PG) 11.30 Ninjago. (PG) 12.00 Turning Mecard. (PG) 12.30 My Little Pony: Friendship Is Magic. 1.00 Beyblade Burst Evolution. 1.30 Uncle Grandpa. (PG) 2.00 Yo-Kai. (PG) 2.30 Tom And Jerry. 3.00 Gumball. 3.30 Teen Titans Go! (PG) 4.00 Movie: Muppets Take Manhattan. (G) (1984) 6.00 Big Bang. (PG) 9.00 Movie: Ride Along 2. (M) (2016) 11.00 Big Bang. (PG) 12.00 Adult Swim. (MA15+) 12.30 Frisky Dingo. (MA15+) 12.45 Mary Shelley's Frankenhole. (MA15+) 1.00 Tattoo Fixers. (MA15+) 2.00 Total Divas. (M) 3.00 Thunderbirds. 4.00 Yu-Gi-Oh! (PG) 4.30 Kate And Mim-Mim. 4.50 Little Charmers. 5.10 Yo-Kai. (PG) 5.30 Yu-Gi-Oh! (PG)

SEVEN

6.00 Better Homes. 7.00 Weekend Sunrise. 10.00 Morning Show. (PG) 12.00 House Of Wellness. (PG) 1.00 Business Builders. (PG) 1.30 To Be Advised. 2.45 To Be Advised. 4.00 Better Homes. 5.00 News. 5.30 The Great Day Out. 6.00 News. 7.00 House Rules. (PG) Hosted by Johanna Griggs. 8.20 Sunday Night. Current affairs program, hosted by Melissa Doyle. 9.20 Crimes That Shook The World. (M) A look the case of Lucie Blackman, who was murdered while working at a hostess bar in Tokyo, in July of 2000. 10.20 Surveillance Oz. (PG) A man's body is pulled out of a car. 10.45 Tennis. Wimbledon. Day 13. Men's singles final and mixed doubles final. 4.00 NBC Press. 5.00 News. 5.30 Sunnise.

7TWO

6.00 Shopping. 6.30 Amazing Facts. (PG) 7.00 Tomorrow's World. (PG) 7.30 Leading The Way. (PG) 8.30 David Jeremiah. (PG) 8.30 SA Weekender. 9.00 Shopping. 9.30 Harry's Practice. 10.00 House Of Wellness. (PG) 11.04 The Hairy Bikers' Northern Exposure. (PG) 1.00 Rugby Union. World Series Rugby. Western Force v Samoa. 3.00 Escape To The Country. 5.00 Paddington Station 24/7. (PG) 6.00 Mighty Ships. (PG) 7.00 Britain's Busiest Airport: Heathrow. (PG) 8.00 The Force: BTL. (PG) 8.30 Border Security. (PG) 11.00 Motorway Patrol. (M) 10.30 Highway Cops. (PG) 11.00 The Force: BTL. (PG) 11.30 Border Security. (PG) 12.30 Psychic TV. (M) 3.30 Late Programs.

TEN

6.00 Mass. 6.30 Hillsong. 7.00 Joseph Prince. 7.30 Joel Osteen. 8.00 Cook's Pantry. 8.30 The Living Room. 9.30 St10. (PG) 12.00 Luxury Escapes. 12.30 Tales By Light. New. 1.00 Tales By Light. (PG) 1.30 Everyday Gourmet. 1.45 MasterChef Aust. 3.00 Australia By Design: Architecture. Return. 3.30 Travels With The Bondi Vet. (PG) 4.00 RPM. 5.00 News. 6.00 Family Feud. 6.30 The Sunday Project. 7.30 MasterChef Aust. The contestants tackle a mystery box challenge. 9.15 Sports Tonight. Return. Coverage of the latest local, national and international sporting news. 10.00 NCIS. (M) A navy commander's body is found. 11.00 The Sunday Project. 12.00 Shopping. 4.30 CBS Morning.

ONE

6.00 Shopping. 8.00 Rugby Union. Super Rugby, Round 19. New South Wales Waratahs v Brumbies. Replay, 10.00 Esports. Gfinity Elite Series Australia. Rocket League. 12.00 Escape Fishing. 12.30 Reel Action. 1.00 The Indestructibles. 1.30 Monster Jam. 2.30 Fishing Aust. 3.00 The Doctors. (PG) 4.00 Freddie Fries Down Under. (PG) 5.00 What's Up Down Under. (PG) 5.00 What's Up Down Under. 5.30 I Fish. 6.00 Hogan's Heroes. 6.30 Scorpion. (PG) 7.30 Planes Gone Viral. (PG) 8.30 Countdown To Murder. (MA15+) 9.30 Motorcycle Racing. MotoGP. Race 9. German Grand Prix. 11.00 Sports Tonight. 11.45 CSI: NY. (MA15+) 12.45 RPM. 1.45 Freddie Flintoff: Lord Of The Fries. (PG) 2.45 Operation Repo. (PG) 3.45 The Doctors. (PG) 5.35 Whacked Out Sports. (PG)

ABC

6.00 Rage. (PG) 7.00 Weekend Breakfast. 9.00 Insiders. 10.00 Offsiders. 10.30 The World This Week. 11.00 Compass. 11.30 Songs Of Praise. 12.00 ABC News At Noon. 12.30 Landline. 1.30 Gardening Australia. 2.30 Ask The Doctor. (PG) Final. 3.00 Antiques Roadshow. 4.00 The Mix. 4.45 Shakespeare And Hathaway. (PG) 5.30 Julia Zemiro's Home Delivery. (PG) Final. 6.00 Back In Time For Dinner. Final. 7.00 ABC News Sunday. 7.40 Grand Designs New Zealand. (PG) 8.30 Jack Irish. (M) 9.25 F*!#ing Adelaide. (M) 10.00 Vera. (M) 11.30 The Musketeers. (M) 12.30 Rage. (MA15+) 3.40 The Checkout: Best Before. (PG) 4.15 Agatha Raistin. (PG) Final. 5.00 Insiders.

ABC COM

6.00 Children's Programs. 5.50
Jamillah And Aladdin. Final. 6.05
Octonauts. 6.15 Peter Rabbit.
6.30 Floogals. 6.40 Dinosaur
Train. 6.50 Andy's Prehistoric
Adventures. 7.05 Ben And Holly.
7.20 Shaun The Sheep. 7.30
Spicks And Specks. (PG) 8.00 Penn
& Teller: Fool Us. (PG) 8.40 Adam
Hills: Happyism. (MA15+) 9.30
Alan Davies: As Yet Untitled. (M)
10.15 Russell Howard's Stand-Up
Central. (M) 10.40 Absolutely
Fabulous. (PG) 11.10 Absolutely
Fabulous. (PG) 11.10 Absolutely
Fabulous. (PG) 11.10 The Black
Adder. (PG) 12.15 This Country.
(M) 12.35 Josh. (M) 1.05 The
Thick Of It. (MA15+) 1.35 Dirty
Laundry. (M) 2.25 News Update.
2.30 Close. 5.00 The WotWots.
5.10 Arthur. 5.35 Gumboot Kids.
5.40 Bottle Top Bill. 5.55 Playdate.

SBS

6.00 Tour De France: Daily Update.
7.00 Soccer. FIFA World Cup.
Third place play-off. Replay. 10.30
German News. 11.00 Spanish
News. 12.00 The Bowls Show.
1.00 Cycling. Tour de France.
Stage 8. Replay. 2.30 Soccer. 1998
FIFA World Cup. Final. Brazil v
France. Replay. 4.30 Cycling. Tour
de France. Stage 8. Highlights.
5.30 2018 FIFA World Cup: World
Cup Today. 6.30 SBS World News.
7.30 First Civilisations. (PG) 8.30
Cycling. Tour de France. Stage
9. Arras Citadelle to Roubaix.
15.6.5 km hilly stage. From France.
11.00 Soccer. FIFA World Cup.
Final. 4.00 24 Hours In Police
Custody. (M) 4.55 SBS Flashback.
5.00 CGTN English News. 5.15
NHK World English News. 5.30
Deutsche Welle.

SBS VLND

6.00 WorldWatch. 9.00 PopAsia TV. (PG) 10.00 Portuguese News. 10.50 Urdu News. 11.35 Hindi News. 12.00 Insight. 1.00 Speedweek. 3.00 Cycling. Tour de France. Stage 8. Replay. 4.30 Cyberwar. (PG) 5.00 Big Cats Of The Gulf. (PG) 5.30 Fashionista. 5.40 Vs Arashi. 6.35 Vs Arashi. 7.30 The Crystal Maze. (PG) 8.30 Movie: Wish I Was Here. (M) (2014) 10.30 Alt Right: Soldiers Of Odin. (M) 11.00 Cycling. Tour de France. Stage 9. 12.30 Slutever. (MA15+) 12.55 The Island: Women's Island. (M) 1.45 Bear Grylls' Mission Survive. (M) 2.40 France 24. 3.00 Thai News. 3.30 Bangla News. 4.00 Punjabi News. 4.30 Sri Lankan Sinhalese News. 5.00 Korean News. 5.30 Indonesian News.

AUSTAR.

MOVIES

6.30pm Jungle (2017) Adventure. Daniel Radcliffe, Alex Russell. (M) *Premiere* 8.30pm The Mountain Between

Us (2017) Action. Kate Winslet, Idris Elba. (M) Premiere 10.25pm Blade Runner 2049 (2017) Sci-Fi. Ryan Gosling, Harrison Ford. (MA15+) Premiere

GENERAL 6.30pm Grown-ish. (M) FOX8 8.30pm Million Dollar Listing NY.

(M) Arena 8.30pm Marvel's Cloak & Dagger. FOX8

DOCUMENTARY

7.30pm Death Row Stories. (M) Crime & Investigation 8.30pm Eat The Week. Lifestyle Food 9.30pm This Old

Week. Lifestyle Food 9.30pm This Old House. (PG) Lifestyle Home SPORT 1.00pm Football.

AFL. Round 17.
Collingwood v West
Coast. Fox Footy
6.05pm Motorcycle
Racing. MotoGP.
Round 9. German
Grand Prix. Fox
Sports 506
6.30pm Rugby

6.30pm Rugby League. NRL. Round 18. Gold Coast Titans v Sydney Roosters. Fox League

1507

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

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MONDAY, JULY 16 TV GUIDE

NINE

6.00 Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** The Ellen DeGeneres Show. (PG) **1.10** Australian Ninja Warrior. (PG) **3.00** News Now. **4.00** Afternoon News. **5.00** Millionaire Hot Seat. **6.00** Nine News. **7.00** A Current Affair. **7.30** Australian Ninja Warrior. (PG) 7.30 Adstrallari Nillja Warrior. (PG 9.10 The Big Bang Theory. (PG) 9.40 The Big Bang Theory. (PG) 10.10 100% Footy. (M) 11.10 Two And A Half Men. (PG) 11.20 Two And A Half Men. (PG) 12.05 Rizzoli & Isles. (M) 1.00 Postcards. (PG) **1.30** TV Shop: Home Shopping. **2.30** Global Shop. **3.00** Extra. **3.30** A Current Affair. **4.00** The Ellen DeGeneres Show. (PG) 5.00 News Early Edition. **5.30** Today.

GO!

6.00 Children's Programs. 11.00 Car SOS. (PG) 12.00 Airplane Repo. (PG) 1.00 Can't Pay? We'll Take It Away. (PG) 2.00 Children's Programs. **4.00** Kids' WB. (PG) **4.05** The New Looney Tunes. **4.30** Be Cool, Scooby-Doo! (PG) **5.00** Adv Time. (PG) **5.30** Regular Show. (PG) **6.00** Friends. (PG) **7.00** Big Bang. (PG) **9.00** Movie: 1.05 Big Bang. (PG) 1.205 Balls 9 Beverly Hills Cop II. (M) (1987) 11.05 Big Bang. (PG) 12.05 Balls 9 Of Steel Australia. (MA15+) 12.30 Friends. (PG) 1.30 Black Jesus. 9 (MA15+) 2.00 Adv Time. (PG) 2.30 Regular Show. (PG) 3.00 Be Cool, Scooby-Doo! (PG) **3.30** Beyblade Burst. **4.00** The New Looney Tunes. **4.30** Yu-Gi-Oh! (PG) **4.50** Power Rangers Ninja Steel. (PG) **5.10** Regal Academy. 5.30 Yu-Gi-Oh! (PG)

SEVEN

6.00 Sunrise. **9.00** The Morning Show. (PG) **11.30** News. **12.00** Movie: Witch Hunt. (M) (1999) 2.00 Daily Edition. 3.00 The Chase. **4.00** News. **5.00** The Chase Aust. **6.00** News. **7.00** Home And Away. (PG) **7.30** House Rules. (PG) The final scores of backyard battles are in and half of the teams will be eliminated, leaving just three standing. **8.45** First Dates Australia. (PG) Final. Singles go on first dates, including two self-proclaimed "goof-balls" who want to discover if they are a match. **10.00** Ramsay's Kitchen Nightmares. (M) **11.00** Air Crash Investigation. (PG) **12.00** Talking Footy. **1.00** Harry's Practice. **1.30** Travel Oz. (PG) **2.00** Shopping. 4.00 NBC Today. 5.00 News.

7TWO

6.00 Shopping. **6.30** Harry's Practice. **7.00** Beat Bugs. **7.30** Drop Dead Weird. **8.00** Pipsqueaks. **8.30** Million Dollar Minute. **9.30** NBC Today. **10.30** NBC Press. **11.30** Vasili's Garden. NBC Press. 11.30 Vasili's Garden. 12.00 800 Words. (PG) 2.00 Million Dollar Minute. 3.00 Harry's Practice. 3.30 Auction Squad. 4.30 Free Range Cook. 5.00 Medical Rookies. (PG) 5.30 Escape To The Country. 6.30 Bargain Hunt. 7.30 Dec. Martin. (PG) 2.06 Evolution. (PG) 2.00 Evolution. Doc Martin. (PG) **8.30** Foyle's War. (M) Inspector Foyle investigates a man's death. **10.30** Robbie Coltrane's Critical Evidence. (M) 11.30 Medical Rookies. (PG) 12.00 Escape To The Country. 1.00 Auction Squad. 2.00 This Rugged Coast. 4.00 Million Dollar Minute. **5.00** Harry's Practice. **5.30** Medical Rookies. (PG)

TEN

6.00 The Talk. (PG) **7.00** Ent. Tonight. **7.30** Bold. (PG) **8.00** Family Feud. **8.30** Studio 10. (PG) **12.00** Dr Phil. (PG) **1.00** MasterChef Aust. **2.30** Ent. Tonight. **3.00** Judge Judy. (PG) **3.30** My Market Kitchen. **4.00** Everyday Gourmet. **4.30** Bold. (PG) **5.00** News. **6.00** Family Feud. **6.30** The Project. **7.30** MasterChef Aust. Contestants tackle a pressure test dish. 8.30 Have You Been Paying Attention? (M) Hosted by Tom Gleisner. **9.30** The Graham Norton Show. (M) Graham Norton presents a guide on how to be a good guest with a set of easy-to-remember rules.

10.30 Man With A Plan. (PG)

11.00 The Project. 12.00 Stephen Colbert. (PG) 1.00 Shopping. 4.30

ONE

6.00 Home Shopping. **8.00** Whacked Out Sports. (PG) **8.15** RPM. **9.15** Sports Tonight. **10.00** Scorpion. (PG) **11.00** Cheers. (PG) **12.00** Hillary: The Man Who Conquered Everest. (PG) **1.00** The Doctors. (PG) **2.00** Hogan's Heroes. **2.30** Diagnosis Murder. (PG) 4.30 Star Trek: The Next Generation. (PG) 6.30 Bondi Rescue. (PG) 7.30 Walker, Texas Ranger. (M) 8.30 NCIS. (M) **11.30** Super Rugby Extra Time. **12.30** Home Shopping. **2.00** Motorcycle Racing. MotoGP. Race 9. German Grand Prix. Replay. From Sachsenring, Hohenstein-Ernstthal, Germany. **3.40** Whacked Out Sports. (PG) **4.00** Diagnosis Murder. (PG)

ABC

6.00 News Breakfast. 9.00 ABC News Mornings. 10.00 Grand Designs New Zealand. (PG) 11.00 Gardening Australia. 12.00 ABC News At Noon. **1.00** Landline. **2.00** The Musketeers. (M) **3.00** Agatha Raisin. (PG) Final. **3.45** Gardening Australia. **4.15** Fointless, 5.00 ABC News At Five. 5.10 The Drum. 6.00 Think Tank. (PG) 7.00 ABC News, 7.30 7.30, 8.00 Back Roads. 8.30 Four Corners. 9.15 Media Watch. (PG) 9.35 Helpmann Awards. 11.05 ABC Late News. 11.35 The Business. 11.50 Golf. PGA Tour. John Deere Classic. Highlights. From TPC Deere Run, Silvis, Illinois 12.45 The Musketeers. (M) 1.45 Rage. (MA15+) 3.45 The Meaning Of Life. 4.15 Antiques Roadshow.

ABC COM

6.00 Children's Programs. 6.15 Peter Rabbit. **6.30** Floogals. **6.40** Dinosaur Train. **6.50** Andy's Prehistoric Adventures. **7.05** Ben And Holly. 7.20 Shain The Sheep. 7.30 Spicks And Specks. (PG) 8.00 Adam Hills: The Last Leg. 8.40 The Moodys. (M) 9.05 Threesome. (M) 9.30 Tonightly With Tom Ballard. (M) 10.00 Adam Hills: Happyism. Recreation. (PG) **12.50** Tonightly With Tom Ballard. (M) **1.20** The League Of Gentlemen. (M) 1.45 The Office. (PG) 2.10 Archer. (M) 2.30 News Update. 2.35 Close. 5.00 The WotWots. 5.10 Arthur. 5.35 Gumboot Kids. 5.40 Bottle Top Bill. **5.55** Playdate

SBS

6.00 Tour De France: Daily Update. **7.00** Soccer. FIFA World Cup. Final. Replay. **12.00** Arabic News F24. **12.30** Turkish News. **1.00** Cycling. Tour de France. Stage 9. Replay. **3.00** NAIDOC Awards 2018. **4.30** Cycling. Tour de France. Stage 9. Highlights. **5.30** 2018 FIFA World Cup: World Cup Today. Final. **6.30** SBS World News. **7.30** Lady Jane Grey: Murder of A Child Queen. (PG) **8.40** The Perfect Body. **10.25** 24 Hours In Emergency. (M) **11.20** SBS World News Late. **11.50** Salamander. (MA15+) Return. 12.45 Salamander. (MA15+) 1.40 Lilyhammer. (M) **2.30** Lilyhammer (M) **3.25** Trapped. (MA15+) **4.25** Food Lovers' Guide To Australia 5.00 CGTN English News. 5.15 NHK World English News. **5.30** Deutsche Welle English News.

SBS VLND

6.00 WorldWatch, 12.00 Movie: The Phantom Tollbooth. (G) (1970) **1.35** Forever Young. (PG) **2.00** Balls Deep. (PG) **2.30** The 2.00 Balls Deep, (PG) 2.30 The lee Cream Show. (PG) 2.55 365. (PG) 3.00 Cycling. Tour de France. Stage 9. Replay. 5.00 Rivals. (PG) 5.30 If You Are The One. 6.35 MythBusters. (PG) 7.30 The Feed. 8.00 Travel Man. (PG) 8.30 Armed and Reasonable: Guns And Canada. (MA15+) **9.00** South Park. (MA15+) **9.25** Movie: Friday The 13th Part III. (MA15+) (1982) 11.15 Movie: Friday The 13th Part IV: The Final Chapter. (MA15+) (1984) **1.00** Frozen Faith. (M) **1.25** Spotless. (MA15+) **2.30** The Therapist. (M) **2.50** CGTN English News. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. 4.30 WorldWatch.

AUSTÂR.

MOVIES

6.20pm Rules Don't Apply (2016) Drama. Lily Collins, Warren Beatty. (M) Masterpiece

6.30pm American Assassin (2017) Action. Dylan O'Brien, Michael Keaton. (MA15+) Premiere

8.30pm Happy Death Day (2017) Horror. Jessica Rothe, Israel Broussard. (M)

Premiere **GENERAL** 7.30pm Storage Wars. (PG) A&E

8.30pm Gotham. (MA15+) FOX8 DOCUMENTARY

7.00pm Extreme Cake Makers. Lifestyle Food 8.30pm Brother **Vs Brother.** (PG) Lifestyle Home

8.30pm Sword, Musket & Machine Gun: Britain's Armed History. (PG) History SPORT

8.00am Golf. Web. com Tour. Utah Championship. Final round. Fox Sports

8.00am Soccer. Major League. Los Angeles FC v Portland Timbers. *ESPN2* mq00.01

Cricket. One-day International Series Zimbabwe v Pakistan. Game 2. Fox Sports 503 1607

(MA15+) 10.50 The League Of Gentlemen. (M) 11.20 Archer. (M) 11.40 The Office. (PG) 12.05 30 Rock. (M) 12.25 Parks And

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.





Opposite the St George Bank - 4/12 North Lakes Drive, North Lakes

NINE

6.00 Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** The Ellen DeGeneres Show. (PG) **1.10** Australian Ninja Warrior. (PG) **3.00** News Now. **4.00** Afternoon News. **5.00** Millionaire Hot Seat. **6.00** Nine News. **7.00** A Current Affair. **7.30** Australian Ninja Warrior. (PG) **9.10** Movie: The Equalizer. (MA15+) (2014) Denzel Washington, Chloë Grace Moretz, Marton Csokas. A former black-ops agent, who faked his death, comes out of retirement to rescue a girl. **11.50** The Closer. (M) **12.45** An Hour To Save Your Life. (M) 2.00 TV Shop: Home Shopping. 2.30 Global Shop. 3.00 Extra. 3.30 A Current Affair. 4.00 The Ellen DeGeneres Show. (PG) 5.00 News Early Edition. 5.30 Today.

GO!

6.00 Children's Programs. **11.00** Friends. (PG) **12.00** Airplane Repo. (PG) **1.00** Auction Hunters. (PG) **2.00** Children's Programs. **3.30** Ninjago. (PG) **4.00** Kids' WB. (PG) **4.05** The New Looney Tunes. 4.05 I he New Looney Iunes. 4.30 Be Cool, Scooby-Dool (PG) 5.00 Adv Time. (PG) 5.30 Regular Show. (PG) 6.00 Friends. (PG) 7.00 Big Bang. (PG) 9.00 Movie: Austin Powers: The Spy Who Shagged Me. (M) (1999) 11.00 Big Bang. (PG) 12.00 Bill of Sciol Australia (PG) **12.00** Balls Of Steel Australia. (MA15+) **12.30** Friends. (PG) **1.30** Black Jesus. (MA15+) **2.00** Adv Time. (PG) **2.30** Regular Show. (PG) **3.00** Be Cool, Scooby-Doo! (PG) **3.30** Beyblade Burst. **4.00** The New Looney Tunes. **4.30** Yu-Gi-Oh! (PG) **4.50** Power Rangers Ninia Steel. (PG) 5.10 Regal Academy. **5.30** Yu-Gi-Oh! (PG)

SEVEN

6.00 Sunrise. **9.00** The Morning Show. (PG) **11.30** News. **12.00** Movie: Seduced. (M) (2016) **2.00** Daily Edition. **3.00** The Chase. **4.00** News. **5.00** The Chase Aust. **6.00** News. **7.00** Home And Away. (PG) **7.30** Endless Summer: 30 Years Of Home And Away. (PG) A look at the history of the long-running show. **8.30** Interview. (M) Andrew Denton interviews a range of fascinating people in an effort to find out what makes them tick. **9.30** Swipe Right For Murder. (M) Takes a look at the murder of Clare Wood by an-ex holder of Clafe wood by affect boyfriend she had met online. 10.30 Autopsy USA. (M) 11.30 Grimm. (M) 12.30 Hannibal. (MA15+) 1.30 Travel Oz. (PG) 2.00 Shopping. 4.00 NBC Today. 5.00 News. 5.30 Sunrise.

7TWO

6.00 Shopping. **6.30** Harry's Practice. **7.00** Beat Bugs. **7.30** Drop Dead Weird. **8.00** Pipsqueaks. **8.30** Million Dollar Minute. **9.30** NBC Today. **12.00** 800 Words. (PG) **2.00** Million Dollar Minute. **3.00** Harry's Practice. 3.30 Auction Squad. 4.30 Animal Rescue. 5.00 Medical Rookies. (PG) 5.30 Escape To The Country. 6.30 Bargain Hunt. 7.30 Vicar Of Dibley. (PG) **8.30** The Last Detective. (M) Detective Constable "Dangerous" Davies investigates the death of a man who collected scraps of paper. **10.30** Crimes That Shook The World. (MA15+) 11.30 Medical Rookies. (PG) 12.00 Escape To The Country. 1.00 Auction Squad. 2.00 This Rugged Coast. 4.00 Million Dollar Minute. **5.00** Harry's Practice. **5.30** Medical Rookies. (PG)

TEN

6.00 The Talk. (PG) **7.00** Ent. Tonight. **7.30** Bold. (PG) **8.00** Family Feud. **8.30** Studio 10. (PG) **12.00** Dr Phil. (PG) **1.00** MasterChef Aust. **2.00** Ent. Tonight. **2.30** Neighbours. (PG) 3.00 Judge Judy. (PG) 3.30 My Market Kitchen. 4.00 Everyday Gourmet. **4.30** Bold. (PG) **5.00** News. **6.00** Family Feud. **6.30** The Project. **7.30** MasterChef Aust. Contestants tackle a cooking challenge. **8.30** Shark Tank. (PG) A mother and daughter team seek a \$111,000 investment for a 40 per cent share in their business. **9.30** NCIS: LA. (M) The team continues their mission to apprehend a high-value target in Syria. **10.30** NCIS: LA. (M) **11.30** The Project. 12.30 Stephen Colbert. (PG) 1.30 Shopping. **4.30** CBS Morning.

ONE

6.00 Home Shopping. **8.00** Super Rugby Extra Time. **9.00** Freddie Fries Down Under. (PG) **10.00** Scorpion. (PG) **11.00** Cheers. (PG) 12.00 Bondi Rescue. (PG) 1.00 The Doctors. (PG) 2.00 Hogan's Heroes. 2.30 Diagnosis Murder. (PG) 3.30 Super Rugby Extra Time. **4.30** Star Trek: The Next Generation. (PG) **6.30** Bondi Rescue. (PG) **7.30** Walker, Texas Ranger. (M) **8.30** CSI: Miami. (MA15+) **9.30** CSI: NY. (M) **10.30** Instinct. (M) **11.30** Countdown To Murder. (MA15+) **12.30** Home Shopping. **2.00** Star Trek The Next Generation. (PG) **3.00** Walker, Texas Ranger. (M) **4.00** Diagnosis Murder. (PG) **5.00** The Doctors. (PG)

ABC

6.00 News Breakfast. 9.00 ABC News Mornings. 10.00 Antiques Roadshow. **11.00** Gardening Australia. **12.00** ABC News At Australia. 12.00 ABC. News AT Noon. 1.00 Four Corners. 1.45 Media Watch. (PG) 2.00 The Musketeers. (M) 3.00 DCI Banks. (PG) 3.45 Surfing The Menu: The Next Generation. 4.15 Pointless. 5.00 ABC. News At Five. 5.10 The Drum. **6.00** Think Tank. (PG) **7.00** ABC News. **7.30** 7.30. **8.00** Foreign Correspondent. **8.30** The Truth About Getting Fit. **9.30** Joanna Lumley's Japan. **10.20** ABC Late News. **10.50** The Business. **11.05** Helpmann Awards. **12.35** The Musketeers. (M) **1.35** Joanna Lumley's Japan. **2.25** Rage. (MA15+) **3.45** The Meaning Of Life. **4.15** Antiques Roadshow. **5.15** Pointless.

ABC COM

6.00 Children's Programs. **6.30** Floogals. **6.40** Dinosaur Train. **6.50** Andy's Prehistoric Adventures. 7.05 Ben And Holly. 7.20 Shaun The Sheep. **7.30** Spicks And Specks. (PG) **8.00** Mock The Week. 8.30 The IT Crowd. (PG) 8.55 Mychonny. (PG) 9.05 This Country. (M) 9.30 Tonightly With Tom Ballard. (M) 10.00 The Inbetweeners. (MA15+) **10.25** The League Of Gentlemen. (M) **10.55** Archer. (M) **11.20** The Office. (PG) **11.40** 30 Rock. (PG) **12.05** Parks And Recreation. (PG) **12.25** Tonightly With Tom Ballard. (M) 12.55 The League Of Gentlemen. (M) 1.25 The Office. (PG) 1.45 Archer. (M) 2.10 News Update. 2.15 Close. 5.00 The WotWots. **5.10** Arthur. **5.35** Gumboot Kids. **5.40** Bottle Top Bill. **5.55** Playdate.

NEW ADDRESS

SBS

6.00 France 24 English News. **6.30** Al Jazeera. **7.00** BBC News. **7.30** Italian News. **8.10** Filipino News. **8.40** French News. **9.30** Greek News. 10.30 German News. 11.00 Spanish News. 12.00 Arabic News F24. **12.30** Turkish News. **1.00** PBS News. **2.00** Celtic Woman: Destiny. **3.30** Floyd's Fjord Fiesta. (PG) **4.05** Floyd's Fjord Fiesta. **4.35** Coast To Coast. **5.30** Letters And Numbers. **6.00** Nigellissima. 6.30 News. 7.30 Who Do You Think You Are? 8.30 Insight. 9.30 Cycling. Tour de France. Stage 10. Annecy to Le Grand-Bornand. 158.5 km mountain stage. From France. **2.30** Bear Grylls' Mission Survive. (M) **3.30** Bear Grylls' Mission Survive. (M) **4.30** Food Lover's Guide. **5.00** CGTN English News. **5.15** WorldWatch.

SBS VLND

6.00 WorldWatch. **12.00** Movie: Wolf Children. (PG) (2012) **2.05** Motherboard. (PG) **2.30** The Therapist. (PG) **2.55** 365. (PG) **3.00** Motherboard. (PG) **3.30** Tattoo Age. (PG) **4.05** News. **4.35** WorldWatch. **5.30** If You Are The One. **6.30** Gadget Man. **7.00** Cycling. La Course By Le Tour De France. **9.10** Date The World. (PG) **9.20** Movie: Friday The 13th Part V: A New Beginning. (MA15+) (1985) 11.05 The Good Doctor: Korea. (M) 12.20 The Good Doctor: Korea. (M) **1.30** News. **1.55** Desus And Mero. (M) **2.20** Shot By Kern. (MA15+) **2.50** RT News In English From Moscow. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** Sri Lankan Sinhálese News. 5.00 Korean News. 5.30 WorldWatch.

AUSTÂR.

MOVIES

6.50pm Jawbone (2017) Drama. Ray Winstone, Ian McShane. (M)

Premiere
8.30pm Mother!
(2017) Horror. Jennifer Lawrence, Javier Bardem. (MA15+) *Premiere*

10.20pm Patti Cake\$ (2017) Drama. Danielle Macdonald, Bridget Everett. (M) Masterpiece GENERAL

7.30pm Pawn Stars. (PG) A&E **8.30pm** Wentworth. (MA15+) Showcase 9.30pm The Daily Show With Trevor Noah. (M) Comedy Channel

DOCUMENTARY 7.30pm America Underground: Secret City Of WWI. (PG) History 8.30pm Navy Seals.

(PG) *History* **9.30pm Combat Machines.** (PG) History SPORT

12.30pm Basketball.

NBA. Summer League. Semi-Final.

2.30pm Poker. Big One for One Drop. *ESPN* 9.30pm Lacrosse.

FIL World Championships Australia v Canada

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.





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NINE

GO!

6.00 Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** The Ellen DeGeneres Show. (PG) **1.10** Australian Ninja Warrior. (PG) **3.00** News Now. **4.00** Afternoon News. **5.00** Millionaire Hot Seat. **6.00** Nine News. **7.00** A Current Affair. **7.30** Britain's Got Talent. (PG) **9.30** Britain's Got More Talent. (PG) 10.30 Embarrassing Bodies. (M) 11.30 Lethal Weapon. (M) 12.30 Rizzoli & Isles. (M) 1.30 Extra. 2.00 TV Shop: Home Shopping. 2.30 Global Shop. 3.00 Skippy The Bush Kangaroo. **3.30** A Current Affair. **4.00** The Ellen DeGeneres Show. (PG) **5.00** News Early Edition. **5.30** Today.

SEVEN

6.00 Sunrise. **9.00** The Morning Show. (PG) **11.30** News. **12.00** 510W. (PG) 11.30 News. 12.00 To Be Advised. 2.00 Daily Edition. 3.00 The Chase. 4.00 News. 5.00 The Chase Aust. 6.00 News. 7.00 Home And Away. (PG) 7.30 The Single Wives. (M) New. **8.50** Modern Family. (PG) When DeDe drops by, Mitchell and Cam come to a realisation about her effect on their lives. **9.20** Modern Family. (PG) Haley meets Arvin's parents, but fate leads to an unexpected reunion with all her ex-boyfriends. 9.50 Modern Family. (PG) Final. 10.20 Modern Family. (PG) 10.50 Splitting Up Together. (M) 11.20 Splitting Up Together. (M) Final. 11.50 Hell's Kitchen USA. (MA15+) 12.50 Battle Creek. (M) 2.00 Shopping. 4.00 NBC Today.
 5.00 News. 5.30 Sunrise.

7TWO

6.00 Children's Programs. **11.00** Friends. (PG) **12.00** Airplane Repo. **6.00** Shopping. **6.30** Harry's Practice. **7.00** Beat Bugs. **7.30** Drop Dead Weird. **8.00** Pipsqueaks. **8.30** Million Dollar (PG) **1.00** Auction Hunters. (PG) **2.00** Children's Programs. **3.30** 2.00 Children's Programs, 3.30 Ninjago. (PG) 4.00 Kids' WB. (PG) 4.05 The New Looney Tunes, 4.30 Be Cool, Scooby-Doo! (PG) 5.00 Adv Time. (PG) 5.30 Regular Minute. **9.30** NBC Today. **12.00** 800 Words. (PG) **2.00** Million Dollar Minute. **3.00** Harry's Practice. **3.30** Auction Squad Show. (PG) **6.00** Friends. (PG) **7.00** Big Bang. (PG) **8.30** Movie **4.30** Animal Rescue. **5.00** Medical Rookies. (PG) **5.30** Escape To The The Matrix Reloaded. (M) (2003) 11.10 Big Bang. (PG) 12.05 Balls Of Steel Australia. (MA15+) 12.30 Friends. (PG) 1.30 Black Jesus. Country. **6.30** Bargain Hunt. **7.30** Jonathan Creek. (M) A West End star is murdered. **8.30** Judge John Deed. (M) Judge Deed is under (MA15+) **2.00** Adv Time. (PG) **2.30** Regular Show. (PG) **3.00** pressure to acquit a man. **10.30** Cities Of The Underworld. (PG) 11.30 Medical Rookies. (PG) 12.00 Escape To The Country. 1.00 Auction Squad. 2.00 Shopping. 4.00 Million Dollar Minute. 5.00 Be Cool, Scooby-Doo! (PG) **3.30** Beyblade Burst. **4.00** The New Looney Tunes. **4.30** Yu-Gi-Oh! (PG) **4.50** Power Rangers Ninja Steel. (PG) **5.10** Regal Academy. **5.30** Yu-Gi-Oh! (PG) Harry's Practice. 5.30 Medical Rookies. (PG)

TEN

6.00 The Talk. (PG) **7.00** Ent. Tonight. **7.30** Bold. (PG) **8.00** Family Feud. **8.30** Studio 10. (PG) **12.00** Dr Phil. (PG) **1.00** MasterChef Aust. **2.00** Ent. Tonight. **2.30** Neighbours. (PG) 3.00 Judge Judy. (PG) 3.30 My Market Kitchen. 4.00 Everyday Gourmet. **4.30** Bold. (PG) **5.00** News. **6.00** Family Feud. **6.30** The Project. **7.30** MasterChef Aust. The contestants raise money for charity. **8.45** Instinct. (M) Dylan and Lizzie have no shortage of suspects when they look into the attempted murder of an author. **9.45** Madam Secretary. (PG) An American citizen is kidnapped. **10.45** Hawaii Five-O. (M) **11.45** The Project. **12.45** Stephen Colbert. (PG) **1.30** Shopping. **4.30**

ONE

6.00 Home Shopping. **8.00** Cheers. (PG) **9.00** Star Trek: The Next Generation. (PG) **10.00** Scorpion. (PG) **11.00** Cheers. Scorpion: (PG) 11.00 Cineers. (PG) 12.00 Bondi Rescue. (PG) 1.00 The Doctors. (PG) 2.00 Hogan's Heroes. 2.30 Diagnosis Murder. (PG) 4.30 Star Trek: The Next Generation. (PG) **6.30**Bondi Rescue. (PG) **7.30** Walker,
Texas Ranger. (M) **8.30** NCIS: Los
Angeles. (M) **10.30** Shark Tank. (PG) 11.30 CSI: NY. (M) 12.30 Home Shopping. **2.00** Star Trek The Next Generation. (PG) **3.00** Walker, Texas Ranger. (M) **4.00** Diagnosis Murder. (PG)

ABC

6.00 News. 9.00 ABC News Mornings. 10.00 Antiques Roadshow. 11.00 Gardening Aust. 12.00 ABC News At Noon. 12.30 Press Club. 1.30 Back Roads. 2.00 The Musketeers. (M) 3.00 DCI Banks. (PG) 3.45 The Cook And The Chef. **4.15** Pointless. **5.00** ABC News At Five. **5.10** Drum. **6.00** Think Tank. (PG) **7.00** ABC News. **7.30** 7.30. **8.00** Brush With Fame. (PG) Return. **8.30** The Weekly. (M) **9.00** You Can't Ask That. (MA15+) 9.30 Adam Hills: The Last Leg. 10.10 Tonightly With Tom Ballard. (M) 10.40 ABC Late News. 11.10 The Business. 11.30 Four Corners. 12.15 Media Watch. (PG) 12.30 The Musketeers. (M) 1.25 Rage. (MA15+) **2.35** The Meaning Of Life. (PG) **3.15** Press Club. **4.15** Antiques Roadshow. **5.15** Pointless.

ABC COM

6.00 Children's Programs. 6.05 Octonauts. **6.15** Peter Rabbit. **6.30** Floogals. **6.40** Dinosaur Train. **6.50** Andy's Prehistoric Adventures. Andy s Prenisoric Adventures.
7.05 Ben And Holly, 7.20 Shaun
The Sheep. 7.30 Spicks And
Specks. (PG) 8.00 Absolutely
Fabulous. (M) 8.30 Absolutely
Fabulous. (PG) 9.00 Josh. (M) 9.30
Tonightly With Tom Ballard. (M) 10.00 An Idiot Abroad. (M) 10.45 Peep Show. (M) 11.10 Archer. (M) 11.35 The Office. (PG) 11.55 30 Rock. (PG) 12.20 Parks And Recreation. (PG) **12.40** Tonightly With Tom Ballard. (M) **1.10** The League Of Gentlemen. (M) 1.40 The Office. (PG) 2.05 Archer. (M) 2.25 News Update. 2.30 Close. 5.00 The WotWots. 5.10 Arthur. 5.35 Gumboot Kids. 5.40 Bottle Top Bill. **5.55** Playdate

SBS

6.00 WorldWatch. **7.00** Tour De France: Daily Update. **8.10** WorldWatch. 11.00 Spanish News. **12.00** Arabic News F24. **12.30** Turkish News. **1.00** Cycling. Tour de France. Stage 10. Replay. **3.00** Secret State: Inside North Korea. (PG) **3.25** Insight. **4.25** Deadly Predator Challenge. **5.30** Cycling. Tour de France. Stage 7.35 Robson Green's Australian Adventure. (PG) 8.30 24 Hours In Emergency. (M) 9.30 Cycling. Tour de France. Stage 11. 1.45 Adam Looking For Eve. (MA15+) 2.35 Adam Looking For Eve. (MA15+) **3.30** Bear Grylls' Mission Survive. (M) **4.30** Food Lover's Guide. **5.00** CGTN English News. **5.15** NHK World English News. **5.30** Deutsche Welle.

SBS VLND

6.00 WorldWatch. 11.35 Hindi News. **12.00** Movie: Moomins On The Riviera. (PG) (2014) **1.25** VICE. (PG) **2.00** The War On Kids. VICE. (PG) 2.00 THE WAY ON NE (PG) 2.25 Cyberwar. (PG) 2.55 365. (PG) 3.00 Cycling. Tour de France. Stage 10. Replay. 5.00 News. 5.30 If You Are The One. (PG) **6.35** MythBusters. (PG) **7.30** The Feed. **8.00** South Park. **8.30** Miami Porn. (M) **9.25** Movie: Friday The 13th Part VI: Jason Lives. (MA15+) (1986) 11.00 Movie: Friday The 13th Part VII: The New Blood. (1988) 12.35 News. 1.00 Desus And Mero. (M) **1.30** Maternity Leave. (PG) **2.20** France 24. **3.00** Thai News **3.30** Bangla News. **4.00** Punjabi News. **4.30** Sri Lankan Sinhalese News. 5.00 Korean News. 5.30 Indonesian News.

AUSTÂR.

MOVIES 6.30pm A Monster Calls (2016) Drama. Lewis MacDougall,

Sigourney Weaver. (PG) Masterpiece **6.40pm Bad Moms 2** (2017) Comedy. Mila Kunis, Kristen Bell. (MA15+) Premiere

10.15pm Unforgettable (2017) Thriller. Katherine Heigl Rosario Dawson. (M) Premiere **GENERAL**

8.30pm Future Man. (MA15+) Comedy Channel 8.30pm The 100. (M) FOX8 9.05pm The Jim

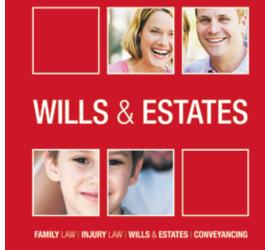
Jefferies Show. (M) Comedy Channel DOCÚMENTARY **8.30pm The Wine Show.** (PG) *Lifestyle*

Food 9.30pm George Clarke's Amazing Spaces. Lifestyle **9.30pm 60 Days In.** (MA15+) *Crime &* Investigation SPORT

10.00am Baseball. Major League. All-Star Game. National League All-Stars v American League All-Stars. ESPN

6.00pm Cricket. One-day International Series. Zimbabwe v Pakistan. Game 3. Fox Sports 505
11.30pm AFL 360.

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.





Norwinn Centre 15 Discovery Drive North Lakes 33850999 www.zandelaw.com.au



TV GUIDE THURSDAY, JULY 19

NINE

6.00 Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** The Ellen DeGeneres Show. (PG) **1.00** Britain's Got Talent. (PG) **3.00** News Now. **4.00** Afternoon News. **5.00** Millionaire Hot Seat. **6.00** Nine News. **7.00** A Current Affair. **7.30** Thursday Night Football Preview. **7.50** Rugby League. NRL. Round 19. Parramatta Eels v Canterbury Bulldogs. From ANZ Stadium, Sydney. **9.45** The NRL Footy Show. (M) **11.00** The AFL Footy Show. (M) **12.30** Running. Gold Coast Marathon. Highlights From Queensland. **1.30** TV Shop: Home Shopping. **2.30** Global Shop. **3.00** Extra. **3.30** A Current Affair. **4.00** The Ellen DeGeneres Show. (PG) **5.00** News Early Edition. 5.30 Today.

GO!

6.00 Children's Programs. **11.00** Friends. (PG) **12.00** Airplane Repo. (PG) **1.00** Auction Hunters. (PG) **2.00** Children's Programs. **4.00** 2.00 Children's Programs. 4.00 Kids' WB. (PG) 4.05 The New Looney Tunes. 4.30 Be Cool, Scooby-Doo! (PG) 5.00 Adv Time. (PG) 5.30 Regular Show. (PG) 6.00 Friends. (PG) 7.00 Big Bang. (PG) 8.30 Movie: Top Gun. (PG) (1986) **10.45** Big Bang. (PG) **11.45** WWE Raw. (MA15+) **12.45** Friends. (PG) **1.15** Harvey Birdman: Attorney At Law. (M) **1.30** Black Jesus. (MA15+) **2.00** Adv Time. (PG) **2.30** Regular Show. (PG) **3.00** Be Cool, Scooby-Doo! (PG) **3.30** Beyblade Burst. **4.00** The New Looney Tunes. **4.30** Yu-Gi-Oh! (PG) **4.50** Power Rangers Ninja Steel. (PG) **5.10** Regal Academy. 5.30 Yu-Gi-Oh! (PG)

SEVEN

6.00 Sunrise. **9.00** The Morning Show. (PG) **11.30** News. **12.00** Show, (PG) 11.30 News. 12.00 To Be Advised. 2.00 Daily Edition. 3.00 The Chase. 4.00 News. 5.00 The Chase Aust. 6.00 News. 7.00 Home And Away. (PG) 7.30 The Single Wives. (M) The Single Wives embark on their quest for love by lining up their first single dates. **8.45** Flights From Hell: Caught On Camera. (PG) Footage from passengers' cameras and phones reveal extreme behaviour in airports and on planes. **9.45** World's Deadliest Weather: Caught On Camera. (PG) A look at the Boxing Day tsunami. **10.45** Ramsay's Kitchen Nightmares USA (M) 11.45 Autopsy USA. (MA15+) 12.45 Marry Me. (M) 1.15 Marry Me. (M) 2.00 Shopping. 4.00 NBC Today. 5.00 News. 5.30 Sunrise.

7TWO

6.00 Shopping. **6.30** Harry's Practice. **7.00** Beat Bugs. **7.30** Drop Dead Weird. **8.00** Pipsqueaks. **8.30** Million Dollar Minute. **9.30** NBC Today. **12.00** 800 Words. (PG) **2.00** Million Dollar Minute. **3.00** Harry's Practice. **3.30** Auction Squad **4.30** Animal Rescue. **5.00** Medical Rookies. (PG) **5.30** Escape To The Country. **6.30** Bargain Hunt. **7.30** Father Brown. (M) **8.30** Murdoch Mysteries. (M) Murdoch investigates a series of tunnelling robberies that Crabtree is convinced were perpetrated by mole people. 11.30 Medical Rookies. (PG) 12.00 Harry's Practice. **12.30** Psychic TV. (M) **3.30** Animal Rescue. 4.00 Million Dollar Minute. 5.00 Auction Squad.

TEN

6.00 The Talk. (PG) **7.00** Ent. Tonight. **7.30** Bold. (PG) **8.00** Family Feud. **8.30** Studio 10. (PG) **12.00** Dr Phil. (PG) **1.00** MasterChef Aust. **2.00** Ent. Tonight. **2.30** Neighbours. (PG) 3.00 Judge Judy. (PG) 3.30 My Market Kitchen. 4.00 Everyday Market Nitthen. 4.00 Everyday Gourmet. 4.30 Bold. (PG) 5.00 News. 6.00 Family Feud. Hosted by Grant Denyer. 6.30 The Project. A look at the day's news. 7.30 MasterChef Aust. Contestants face elimination as they vie for a place in the top five of Finals Week. **9.30** Blue Bloods. (M) Henry begins meddling when he finds himself the key witness on Danny and Baez's case. **10.30** Blue Bloods. (M) **11.30** The Project. 12.30 Stephen Colbert. (PG) 1.30 Shopping. **4.30** CBS Morning.

ONE

6.00 Home Shopping. **8.00** Cheers. (PG) **9.00** Star Trek: The Next Generation. (PG) **10.00** Scorpion. (PG) **11.00** Cheers. (PG) **12.00** Bondi Rescue. (PG) **1.00** The Doctors. (PG) **2.00** Hogan's Heroes. **2.30** Diagnosis Murder. (PG) **4.30** Star Trek: The Next Generation. (PG) **6.30** Bondi Rescue. (PG) **7.30** Walker, Texas Ranger. (M) **8.30** Cops: Adults Only. (PG) **9.00** Movie: Firewalker. (PG) (1986) Chuck Norris, Louis Gossett Jr, Melody Anderson. 11.10 Instinct. (M) 12.05 Home Shopping. 2.05 Star Trek: The Next Generation. (PG) **3.05** Diagnosis Murder. (PG) **5.05** The Doctors. (PG)

ABC

6.00 News. 9.00 ABC News Mornings. 10.00 Antiques Normings. 10.00 Antiques
Roadshow. 11.00 Gardening Aust.
12.00 ABC News At Noon. 1.00
The Art Of Australia. 2.00 The
Musketeers. (M) 3.00 DCI Banks. (PG) 3.45 The Cook And The Chef. **4.15** Pointless. **5.00** ABC News At 4.15 Pointless. 3.00 ABC News AI Five. 5.10 Drum. 6.00 Think Tank. 6.55 Sammy J. 7.00 ABC News. 7.30 7.30. 8.00 Grand Designs Australia. (PG) 8.50 Everyone's A Critic. (PG) 9.20 Victoria. (PG) A Critic. (PG) 9.20 Victoria. (PG) 10.10 ABC Late News. 10.40 The Business. 10.55 Cuffs. (M) 11.55 The Musketeers. (M) 12.50 Rage. (MA15+) 2.45 The Checkout: Best Before. (PG) 3.20 Golf. PGA Tour. John Deere Classic. Highlights. From TPC Deere Run, Silvis, Illinois. 4.15 Antiques Roadshow. 5.15

ABC COM

6.00 Children's Programs. **6.15** Peter Rabbit. **6.30** Floogals. **6.40** Dinosaur Train. **6.50** Andy's Prehistoric Adventures. **7.05** Ben And Holly. **7.20** Shaun The Sheep. **7.30** Spicks And Specks. (PG) **8.00** The Weekly. (M) **8.30** Sammy J. **8.35** To Be Advised. **9.00** Ronny Chieng: Int Student. (MA15+) Final. **9.30** Tonightly With Tom Ballard. (M) 10.00 Chewing Gum. (MA15+) 10.25 Peep Show. (M) 10.50 Archer. (M) 11.15 The Office. (M) 11.35 30 Rock. (M) 12.00 Parks And Recreation. (M) 12.20 Tonightly With Tom Ballard. (M) **12.50** Peep Show. (M) **1.15** The Office. (PG) **1.40** Archer. (M) 2.00 News Update. 2.05 Close. 5.00 The WotWots. 5.10 Arthur. 5.35 Gumboot Kids. 5.40 Bottle Top Bill. **5.55** Playdate

SBS

6.00 France 24 English News. **6.30** Al Jazeera. **7.00** Tour De France: Daily Update. **8.10** Filipino News. **8.40** French News. **9.30** Greek News. **10.30** German News. **11.00** Spanish News. 12.00 Arabic News F24. 12.30 Turkish News. 1.00 Cycling. Tour de France. Stage 11. Replay. 3.00 The Marngrook Footy Show. 4.30 Tony Robinson's Hidden Britain By Drone. **5.30** Cycling. Tour de France. Stage 11. Highlights. **6.30** News. **7.30** Railway Journeys UK. (PG) **8.00** Peter Kuruvita's Coastal Kitchen. **8.30** Cycling. Tour de France. Stage 12. **2.15** Inspector Montalbano. (M) **4.15** Food Lover's Guide, 4.50 SBS Flashback **5.00** CGTN English News. **5.15** NHK World English News. **5.30** Deutsche Welle.

SBS VLND

6.00 WorldWatch. 11.00 NHK Japanese News. 11.35 Hindi News. 12.00 Movie: Spirited Away. (PG) (2001) 2.20 Fashionista. 2.30 It's Suppertime! (PG) **2.55** 365. (PG) **3.00** Cycling. Tour de France. 5.00 Cycling. 10 Ide Tarker. Stage 11. Replay. 5.00 News. 5.30 If You Are The One. 6.35 MythBusters. (PG) 7.30 The Feed. 8.05 Dateline. 8.30 Full Frontal. (MA15+) **9.00** Tinnies And True Love. (MA15+) **9.30** Movie: Friday The 13th Part VIII: Jason Takes
Manhattan. (MA15+) (1989) 11.20
Venom Superman. (MA15+) 11.50
News. 12.15 Desus And Mero. (M) **12.40** Payday. (M) **1.30** Noisey. (M) **2.20** Deutsche Welle. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** Sri Lankan Sinhalese News. 5.00 Korean News. **5.30** Indonesian News.

AUSTÂR.

MOVIES 6.35pm The Circle

(2017) Drama. Emma Watson, Tom Hanks. (M) Premiere 8.30pm Pirates Of The Caribbean Dead Men Tell No **Tales** (2017) Action. Johnny Depp, Javier Bardem. (M) *Premiere*

10.35pm Song To Song (2017) Romance. Ryan Gosling, Rooney Mara. (M) Masterpiece

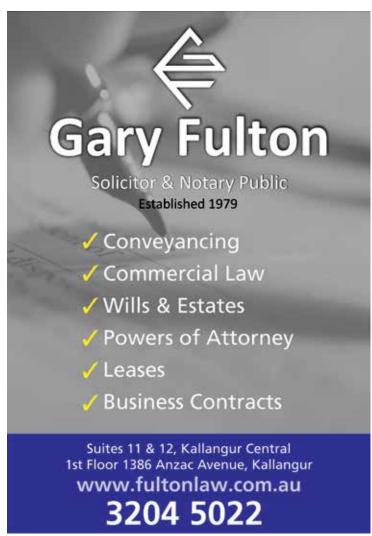
GENERAL 8.30pm The Assassination Of Gianni Versace: American Crime Story. (M) Showcase 9.00pm Detroiters. (M) Comedy Channel 9.30pm Better Things. (M) Showcase DOCUMENTARY

7.30pm Manic Street Preachers: **Escape From** History. Foxtel Arts 9.05pm Donal's Meals **In Minutes.** (PG) Lifestyle Food **SPORT**

10.00am FSPY Awards. ESPN 10.30am Motor Racing. NASCAR Truck Series. Round 13. Eldora Dirt Derby. Fox Sports 506

7.50pm Rugby League. NRL. Round
19. Parramatta Eels v Canterbury Bulldogs. Fox League

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.





TV GUIDE FRIDAY, JULY 20

NINE

6.00 Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** Ellen DeGeneres. (PG) **1.00** Movie: The Dust Factory. (PG) (2004) Ryan Kelley, Hayden Panettiere. **3.00**News. **4.00** Afternoon News. **5.00**Hot Seat. **6.00** Nine News. **7.00** A
Current Affair. **7.30** Friday Night Football Preview. **7.55** Rugby League. NRL. Round 19. Brisbane Broncos v Penrith Panthers. From Suncorp Stadium, Brisbane. 10.45 Movie: Enter The Dragon. (MA15+) (1973) Bruce Lee, John Saxon, Kien Shih. Determined to avenge the death of his sister, a average the death of his sister, a martial artist enters a tournament held by a reclusive crime lord.

1.00 Extra. 1.30 TV Shop. 2.30 Westside. (MA15+) 3.30 Skippy. **4.00** Global Shop. **4.30** The Baron (PG) **5.30** ACA.

GO!

6.00 Children's Programs. **11.00** Friends. (PG) **12.00** Airplane Repo. (PG) **1.00** Auction Hunters. (PG) **2.00** Children's Programs. **4.05** The New Looney Tunes. **4.30** Be Cool, Scooby-Doo! (PG) **5.00** Adv Time. (PG) **5.30** Movie: Teenage Mutant Ninja Turtles. (PG) (1990) **7.30** Movie: Hotel Transylvania. (PG) (2012) **9.30** Movie: Spider-Man 2. (M) (2004) **12.15** WWE Smackdown. (MA15+) **1.15** Harvey Birdman: Attorney At Law. (M) 1.30 Black Jesus. (MA15+) 2.00 Adv Time. (PG) 2.30 Turning Mecard. (PG) 3.00 Be Cool, Scooby-Doo! (PG) **3.30** Beyblade Burst. **4.00** The New Looney Tunes. 4.30 Yu-Gi-Oh! (PG) **4.50** Power Rangers Ninja Stee (PG) **5.10** Regal Academy. **5.30** Yu-Gi-Oh! (PG)

SEVEN

6.00 Sunrise. **9.00** The Morning Show. (PG) **11.30** News. **12.00** Snow. (Pd) 11.30 News. 12.00 To Be Advised. 2.00 Daily Edition. 3.00 The Chase. 4.00 News. 5.00 The Chase Aust. 6.00 News. 7.00 Better Homes. Joh meets up with three time X-Games gold medallist Jackson Strong at his home. 8.30 Movie: The Bourne Identity. (M) (2002) Matt Damon, Franka Potente, Chris Cooper, Clive Owen. A man sets out to discover his identity after being hauled from the ocean with amnesia. **10.55** To Be Advised. **12.15** Movie Rites Of Passage. (M) (1999) Dean Stockwell, Jason Behr. Criminals terrorise a family. **2.30** Shopping Shopping program.**4.00** The Great Outdoors. Explores a 17th-century Dutch town. 5.00 NBC Today. News and current affairs.

7TWO

6.00 Shopping. **6.30** Harry's Practice. **7.00** Beat Bugs. **7.30** Drop Dead Weird. **8.00** Pipsqueaks. **8.30** Million Dollar Minute. **9.30** NBC Today. **12.00** House Of Wellness. (PG) **1.00** Better Homes. **2.00** Million Dollar Minute. **3.00** Harry's Practice. **3.30** Auction Squad. **4.30** Animal Rescue. **5.00** Medical Emergency. (PG) **5.30** Escape To The Country. **6.30** Bargain Hunt. **7.30** Border Security: Int. (PG) **8.30** Australia's Amazing Homes. (PG) New. Three experts try to find Australia's best homes. **9.30** 60 Minute Makeover (PG) Return. 10.30 Building The Dream. 11.30 Border Security: Int. (PG) **12.30** Medical Emergency (PG) **1.00** Psychic TV. (M) **4.00** Million Dollar Minute. 5.00 Auction Squad.

TEN

6.00 The Talk. (PG) **7.00** Ent. Tonight. **7.30** Bold. (PG) **8.00** Tamily Feud. 8.30 Studio 10. (PG) 8.00 Family Feud. 8.30 Studio 10. (PG) 12.00 Dr Phil. (PG) 1.00 The Living Room. 2.00 Ent. Tonight. 2.30 Neighbours. (PG) 3.00 Judge Judy. (PG) **3.30** My Market Kitchen. **4.00** Everyday Gourmet. **4.30** Bold. (PG) **5.00** News. **6.00** Family Feud. **6.30** The Project. **7.30** The Living Room. **8.30** Have You Been Paying Attention? (M) Special guests compete to see who can remember the most about events of the week. **9.30** Shark Tank. (PG) A mother and daughter team seek a \$111,000 investment for a 40 per cent share in their business. 10.30 2016 Montreal Comedy Festival. (M) **12.00** The Project. 1.00 Stephen Colbert, (PG) 2.00 Shopping.

ONE

6.00 Home Shopping. **8.00** Whacked Out Sports. (PG) **8.20** Motorcycle Racing. MotoGP. Race 9. German Grand Prix. Replay. From Sachsenring, Hohenstein-Ernstthal, Germany. **10.00** Scorpion. (PG) **11.00** Cheers. (PG) **12.00** Bondi Rescue. (PG) **1.00** The Doctors. (PG) **2.00** Hogan's Heroes. **2.30** Diagnosis Murder. (PG) **4.30** Star Trek: The Next Generation. (PG) **6.30** MacGyver. (PG) **7.30** Walker, Texas Ranger. (M) **11.30** NCIS: Los Angeles. (M) Final. **12.30** Home Shopping. **2.00** The Doctors. (PG) **3.00** Walker, Texas Ranger. (M)

ABC

6.00 News Breakfast. 9.00 ABC News Mornings. 10.00 Antiques Roadshow. 11.00 Gardening Australia. 12.00 ABC News At Noon. 1.00 One Plus One. 1.30 Foreign Correspondent. 2.00 The Musketeers. (M) 3.00 DCI Banks. (PG) **3.45** Teenage Boss. 4.15 Pointless. 5.00 ABC News 4.15 Pointless. 5.00 ABC News At Five. 5.10 The Drum. 6.00 Think Tank. (PG) 7.00 ABC News. 7.30 Gardening Australia. 8.30 Endeavour. (M) Final. 10.00 QI. (M) **10.35** ABC Late News. **11.05** The Business. **11.20** The Weekly With Charlie Pickering. (M) **11.50** Rage. (MA15+) **5.00** Rage. (PG)

ABC COM

6.00 Children's Programs. **5.50** Teacup Travels. **6.05** Octonauts. 6.15 Peter Rabbit. 6.30 Floogals. 6.40 Dinosaur Train. 6.50 Andy's 7.05 Ben And Holly 7.20 Shaun The Sheep. 7.30 Spicks And Specks. (PG) 8.00 Hard Quiz. (PG) 8.30 Gruen XL. (M) **9.15** Detectorists. (PG) **9.45** Tonightly With Tom Ballard: Best Of The Week. (M) 10.15 The Black Adder. (PG) 10.50 Peep Show. (M) 11.15 Archer. (M) 11.35 The Office. (PG) 12.00 30 Rock. (PG) 12.20 Parks And Recreation. (PG) 12.40 Tonightly With Tom Ballard. (M) 1.10 Peep Show. (M) 1.35 The Office. (M) 2.00 Archer. (M) 2.25 News Update. 2.30 Close. 5.00 The WotWots. 5.10 Arthur. 5.35 Gumboot Kids. 5.40 Bottle Top Bill. **5.55** Playdate.

SBS

6.00 WorldWatch. **7.00** Tour De France: Daily Update. **8.10** Filipino News. **8.40** French News. **9.30** Greek News. **10.30** German News. **11.00** Spanish News. **12.00** Arabic News F24. **12.30** Turkish News. 1.00 Cycling. Tour de France. Stage 12. Replay. 3.00 NITV News Week In Review. 3.30 The Point. 4.30 Luke Nguyen's Memories of The UK. **5.30** Cycling. Tour de France. Stage 12. Highlights. **6.30** News. **7.35** Extreme Railway Journeys. (PG) **8.30** What Makes A Psychopath? (MA15+) 9.30
Cycling. Tour de France. Stage 13.
2.00 Hard. (MA15+) 2.40 Hard.
(MA15+) 3.15 Hard. (MA15+) 4.25 Hard.
(MA15+) 5.00 CGTN English
NOWE 5.15 NIHV World English News. **5.15** NHK World English News. **5.30** Deutsche Welle.

SBS VLND

6.00 WorldWatch 12.00 Movie Howl's Moving Castle. (PG) (2004) 2.15 Fashionista. 2.25 Most Expensivest. (PG) 2.55 365. (PG) **3.00** Cycling. Tour de France. Stage 12. Replay. **5.00** News. **5.35** If You Are The One. **6.35** Rise Of The Machines. **7.30** Batman. (PG) **8.00** Batman. (PG) **8.30** Lebanese Beauty Queens: Untold Australia. (M) **9.30** Matrix Of Desire: The Secrets Of Sexual Arousal (MA15+) 10.35 King Of The Road. (MA15+) Return. 11.25 King Of The Road. (MA15+) 12.10 News. 12.35 Desus And Mero. (M) 1.00 Portraits With Yung Jake. (M) 1.25 PopAsia TV. (PG) 2.25 NHK World English News. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** Sri Lankan Sinhalese News. **5.00** WorldWatch.

AUSTÂR.

MOVIES 6.25pm Battle Of **The Sexes** (2017) Biographical. Emma Stone, Steve Carell. (PG) *Premiere* 10.15pm Little Bitches (2018) Comedy. Jennette McCurdy, Kiersey Clemons. (MA15+)

Premiere 12.00am Resident Evil: Vendetta (2017) Action. Matthew Mercer,

Kari Wahlgren. (MA15+) Action GENERAL 6.30pm NCIS: Los

Angeles. TV H!ts 8.30pm Beyond. (M)

10.00pm The Tonight Show Starring Jimmy Fallon. (M) E! DOCUMENTARY 7.30pm Slavery Routes. (PG) History 8.30pm Mavis!

8.30pm #Murder. (M) Crime & Investigation

SPORT 11.00am Motor Racing. Supercars Championship. Round 9. Coates Hire Ipswich Supersprint. Fox Sports 506 12.00pm X Games. X Games

Minneapolis FSPN **6.00pm Rugby League.** NRL. Round 19. Cronulla Sharks v Canberra Raiders 2007

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence. Please note: Listings are correct at the time of print and are subject to change by networks.

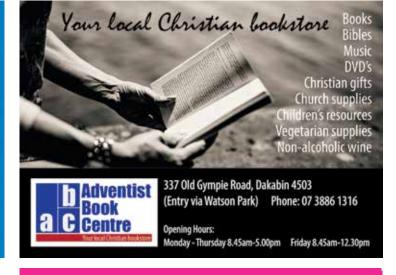




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NORTH LAKES COMMUNITY WOMEN'S GROUP INC. NEWS

A new month and another General Meeting full of information, discussion, 'brag sessions' and laughs. We also celebrated our July birthday ladies a song, hurrahs and cake. Another great morning.

Tuesday 17th July — Lunch at Café Diversity, Redcliffe. Members only.

Tuesday 24th July — Christmas in July at Fox & Hounds Country Inn, Mt Tamborine. Members only.

Tuesday 31st July — A morning of Trivia. Visitors welcome.

Our meetings are open to all women in North Lakes/Mango Hill-Moreton Bay District. For more information please contact Trish 0447 071 221 or Sue 0418 785 944.

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Crossword 6524

Global media megastar Laurie Stibbe creates these

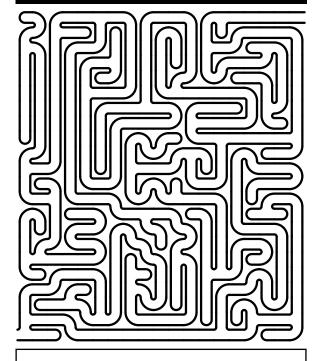
ACROSS

- 7 Australian spiny anteaters
- 9 Confused and vague
- 10 Money paid for misdemeanour
- 11 Straightforward
- 12 Bird sanctuary
- 14 Scientifically detached
- 15 Radio announcer
- 17 Tooshie
- 20 Not capable of being moved
- 22 Population check
- 23 Change
- 24 Continued pain
- 25 Cling
- 26 Canadian Mounted Police

DOWN

- 1 Accomplished
- 2 Speck
- 3 Extreme dishonour
- 4 Petroleum jelly
- 5 Cautionary advice
- 6 Illinois city
- 8 Singe
- 13 Wind speed gauge
- 16 Troubled emotionally
- 18 Female offspring
- 19 Intermediate
- 21 Unhurried and relaxed
- 22 Agree
- 24 Betting stake

AMAZING MAZES



CROSSWORD SOLUTION FROM LAST ISSUE

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COMMUNITY NOTICE BOARD ONLINE

Are you looking for something to do? Visit the region's foremost community guide where you'll find like-minded individuals of all interests, events, local special interest groups for all ages, guidance and support if you need it.

www.northlakesmessenger.com.au

The Community Notice Board is a free service provided by the Messenger for community, social and non-profit organisations

To post email: community@northlakesmessenger.com.au

- Maximum of 60 words per submission
- · Please resubmit your item in full when making alterations
- Entries updated every Thursday
- · Your submission will run ongoing until you notify us otherwise



SUNNY DAYS AHEAD WITH INTEREST FRFF SOLAR LOANS

Interest free loans for Queensland families to install solar systems and slash their power costs

nterest free loans are now available to Queensland families who want to install solar systems on their roofs, said Chris Whiting MP.

This new program under the Palaszczuk Government's Affordable Energy Plan is aimed at Queensland families who need assistance with their power bills.

"3,500 Queensland families will be able to join the solar energy revolution under this bold new scheme," said Chris Whiting.

"Applications for loans of up to \$4,500 are now open to eligible applicants, and must be repaid within 7 years," said Chris Whiting.

To be eligible to apply for an interest-free solar loan applicants must be a homeowner, receive Family Tax Benefit Part B, have electricity costs of more than \$1,000 in the past 6 months, or \$2,000 in the past 12 months.

"Applications close on 30 June 2019, but with limited numbers I encourage all those who are interested and eligible to get their applications in quickly," said Chris Whiting.



Palaszczuk Government, and our efforts are starting to see results, with a fall in energy prices of between 1.3% and 8.6%, depending on the retailer."

"This compares to increases of 43% under the previous Newman LNP Government."

"It also pays to research and shop around with retailers now offering big discounts of up to 30% on your bill," said Chris Whiting."

"The cost of energy has been a focus of the Customers will need to obtain a quote from an

eligible solar supplier before submitting their application online.

Monthly repayments for \$4500 loan over 7 years are around \$54 per month or \$648 per year.

A 3 kilowatt solar system purchased with an interest free solar loan could save a customer around \$350 per year after loan repayments.

For more information, and how to apply visit: https://www.qld.gov.au/community/cost-ofliving-support/loans-for-solar





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Darren has been a reliable, upfront and honest agent. Will definately use him in the future for any other future purchases. He has kept us informed with each and every transaction step through out this process. Darren ensures everything runs smoothly from the start to the finish.

- Carlo & Donna

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- Meals area Beautifully appointed kitchen Large alfresco timber deck
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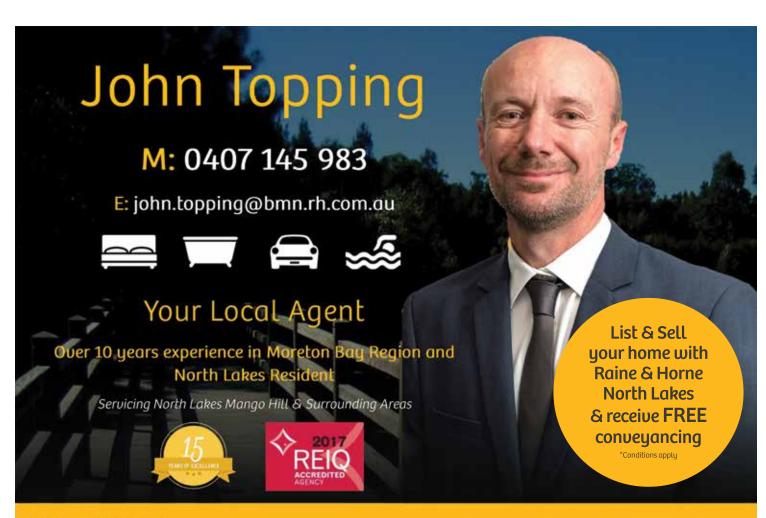
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PAULA LIENERT



SELLER SAYS

99

AMAZING AGENT

Paula was very genuine, made us feel very comfortable in her hands, helpful every step of the way with spot on communication.

I would use Paula Lienert again to sell or buy a house, without question.

Steven

Seller of 21 Troon Street

BUYER SAYS

99

GREAT AGENT

It was such a breeze working with Paula through the whole purchase process.

After a few discussions she knew what we were looking for and actually helped us find the house we love and bought. The presentation, communication, and really everything was just great.

Alex

Buyer of 21 Troon Street











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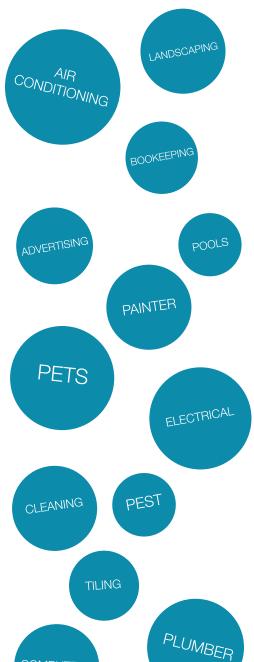
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